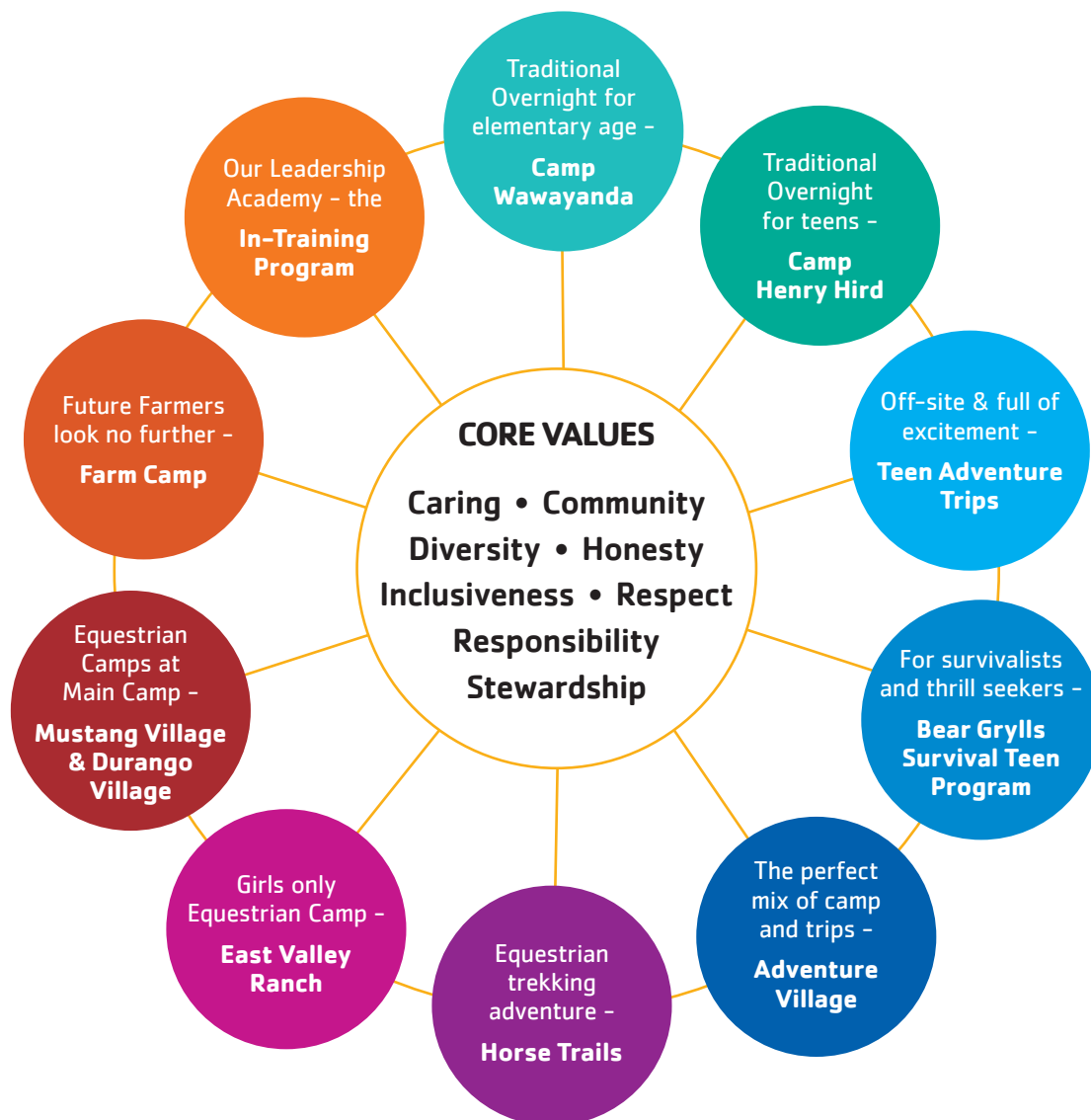


FROST VALLEY YMCA'S OVERNIGHT SUMMER CAMP PROGRAMS



ADVENTURE VILLAGE

Sessions 1-4 – For children entering Grades 5-9

This popular specialty village combines the best of traditional overnight camp and adventure trips. Campers choose from many adventure-based activities like rock climbing, canoeing, mountain boarding, outdoor survival skills and more.

BEAR GRYLLS SURVIVAL ACADEMY TEEN SUMMER PROGRAMS

One-week sessions starting June 30th - For children ages 11-13 & 13-17

This six-day extreme course is led by survival professionals trained by the Bear Grylls Survival Academy. Campers gain dozens of skills as they are put to the test in thrilling survival and endurance scenarios.

CAMP WAWAYANDA

Sessions 1-4 - For children entering Grades 2-7

Specialty Programs: Mainstreaming At Camp, Kidney Camp, Clarke School Partnership

Our traditional overnight camp experience where your camper can swim, boat, play games, do archery, hike in the woods, meet friends, share stories and sing songs around a campfire while eating `smores!

CAMP HENRY HIRD

Sessions 1-4 – For children entering Grades 8-10

Specialty Programs: Mainstreaming At Camp, Kidney Camp, Clarke School Partnership

Older campers wider choices, including extended overnights for backpacking, service projects, big brother/sister events and the excitement of adventure elements like high ropes and the zip line!

FARM CAMP

Sessions 1-4 – For children entering Grades 2-10

Campers live, work and play together on our 515 acre farm! Caring for animals, gardening, crafts and swimming are just a few activities campers get to do at Farm camp.

MUSTANG VILLAGE

Girls Only • Sessions 1-4 – For children entering Grades 2-5 (age 7-10)

A program designed for girls who want to spend more time at the barn and still participate in traditional camp activities. Have your own horse for two weeks, and spend several hours each day riding.

DURANGO VILLAGE

Boys Only • Sessions 1 and 4 – For children entering Grades 4-8 (age 9-13)

The perfect mix of traditional summer camp & equestrian experience for boys. Designed for every boy who has ever dreamed of being a cowboy.

EAST VALLEY RANCH

Girls Only • Sessions 1-4 – For children entering Grades 5-11 (age 10+)

A horse focused camp for girls that want to spend every day with horses. Have your own horse, and spend several hours each day riding.

HORSE TRAILS

Sessions 2 & 3* – For children entering Grades 7+ (age 13+)

Designed for both boys and girls who want to experience an exciting horse trekking adventure through pristine Catskill Mountain trails. Spend full days exploring nature on horseback and cozy nights sitting by the fire reflecting on the day, making memories with new friends, and sleeping under the stars. *One week only – last week of each session 2 and 3.

TEEN ADVENTURE TRIPS

Sessions 1-4 – For children entering Grades 6-12

Campers choose from action-based activities, service-oriented trips, and rugged adventure excursions at locations around the United States.

THE IN-TRAINING PROGRAM

Sessions 1-4 – For children entering Grade 10

Previously known as the Counselors-in-Training program, we now have Counselors, Adventurers, Farmers, and Wranglers-in-Training. We develop teens into our future leadership of Frost Valley YMCA.

All of our camping programs believe in character development through our 8 core values: Caring, Community, Diversity, Honesty, Inclusiveness, Respect, Responsibility, and Stewardship.

If you need any assistance choosing which camp is right for you, please contact Dan Weir our Director of Camping Services at campdirector@frostvalley.org or 845-985-2291 ext 203.