



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FROST VALLEY YMCA

Outdoor Sporting Program

2019–2020 Season Rules & Regulations

Hunting, Fishing, Trail Use, and Disc Golf

PAGE 1	SECTION 1: General Information and Rules SECTION 2A: Trail Use
PAGE 2	SECTION 2B: Hiking, Snowshoeing, Wildlife Observation, and Photography – General Information and Rules SECTION 2C: Cross Country Skiing General Information and Rules SECTION 2D: Disc Golf General Information and Rules
PAGE 3	SECTION 2E: Disc Golf Seasons SECTION 3A: Hunting Regulations SECTION 3B: Hunting General Information SECTION 3C: Reporting Harvests and Sightings
PAGE 4	SECTION 3D: Areas Open to Hunting and Hunting Zone Information SECTION 3E: Tree Stands and Ground Blinds SECTION 3F: Hunting Weapons SECTION 3G: ATV Use and Definitions
PAGE 5	SECTION 3H: ATV Rules and Regulations SECTION 3I: Frost Valley Hunting Seasons SECTION 4A: Fly Fishing – Fishing Regulations
PAGE 6	SECTION 4B: Waters Open to Fishing SECTION 4C: Special Rules for NYS Licensed Fishing Preserves
PAGE 7	SECTION 4D: Fishing General Information and Rules

SECTION 1: GENERAL INFORMATION AND RULES

1. All Sporting Programs begin April 1st and end March 31st.
2. Program Participants must wear a current ID badge and clearly display a Frost Valley parking permit on the rear-view mirror of their vehicle while parked on Frost Valley property.
 - a. To aid in patrolling the property, please report any trespassers or vehicles without parking passes to the Natural Resources Director or the Front Desk (Staff parking passes are blue with the Frost Valley YMCA logo and are located in the bottom corner of the windshield on the passenger side of the vehicle)
3. Hunters, Anglers, and Trail Users must park in the designated areas indicated on the Frost Valley YMCA Sporting Zone Maps. To access the disc golf course, you must park at the Welcome Center Parking Lot.
4. Participants are encouraged to Sign-In and Sign-Out each day at one of the Outdoor Sporting Program Kiosks. These are indicated on all of the Outdoor Sporting Program maps. The logbook is not monitored for lost or missing persons. It is for tracking use, and the location of property visited.
 - a. The West Valley Kiosk is located on the front left side of the horse barn/ski center.
 - b. The East Valley Kiosk is located across the road from the school house.
5. Participants are responsible for notifying a family member, friend, or other responsible person of their whereabouts when at Frost Valley YMCA, including: location on Frost Valley property, when they plan on returning, and to what location. The contact person should also be prepared to contact Frost Valley YMCA if they do not return at the predetermined time and location. Please be advised that Frost Valley YMCA is closed at certain times. If the main offices are closed or Frost Valley staff cannot be reached for any reason, Emergency Services (911) should be contacted directly.
6. Use of motorized equipment is prohibited, including chainsaws, boats, ATVs, snowmobiles, dirt bikes etc.
 - a. Exception: Authorized ATVs (see part G. under Hunting)
7. Cycling activities (motorized or non-motorized) are prohibited on all trails.
 - a. This includes bicycles, tricycles, unicycles, mountain boards, etc.
 - b. Frost Valley YMCA trails may not be used for mountain biking.**
8. Wildlife harassment or the destruction of habitat is prohibited.
9. Unauthorized harvesting of plants or fungi is prohibited.
10. All participants are asked to assist in monitoring and reporting unauthorized access to the property.
11. This program does not grant use of any Frost Valley buildings or facilities in the developed areas of the camp property.
 - a. Exception: The Welcome Center may be entered to use restrooms.
12. Please consider the Leave No Trace Principles. For more information, visit: www.lnt.org/learn/7-principles
 - a. Plan ahead and prepare.
 - b. Leave what you find.
 - c. Travel on durable surfaces.
 - d. Dispose of waste properly.
 - e. Respect wildlife.
 - f. Be considerate of other visitors.
13. Be aware that some Frost Valley YMCA lands border private property. This program does not grant permission to trespass. It is the responsibility of each participant to recognize boundaries and avoid trespassing.
14. Firearms are prohibited on Frost Valley property.
 - a. Exception: When being used for authorized hunting.
15. Pets are not permitted on Frost Valley property.
16. Only Frost Valley registered guests, Outdoor Sporting Program Participants, and staff are permitted to access Frost Valley property. All trespassers will be prosecuted.
17. Criminal background checks are conducted annually for all participants 18 years of age and older.
18. Fireworks, alcoholic beverages, and indoor smoking are prohibited. Frost Valley YMCA Policy prohibits smoking in all program areas indoors or outdoors (including the disc golf course).
19. Violations of Frost Valley YMCA Rules and Regulations will result in the revocation of program privileges without refund.

SECTION 2: TRAIL USE

A. TRAIL USE INCLUDES THE FOLLOWING: HIKING, SNOWSHOEING, CROSS COUNTRY SKIING, WILDLIFE OBSERVATION, PHOTOGRAPHY AND DISC GOLF. ALL OTHER USES ARE PROHIBITED.

B. HIKING, SNOWSHOEING, WILDLIFE OBSERVATION, AND PHOTOGRAPHY GENERAL INFORMATION AND RULES

1. Trail users are encouraged to use trails during daylight hours only.
2. Being a Trail User does not allow access to state land, NYC DEP land, or private property through Frost Valley property for hunting or fishing.
 - a. All hunters and anglers wishing to use Frost Valley property to access bordering properties must join the Hunting and/or Fishing Programs.
 - b. Trail users found with hunting or fishing equipment will have their privileges revoked without refund.
3. Trail users who wish to snowshoe on Frost Valley property must provide their own equipment.
4. Trail Users may bring one guest per day visit for an additional activity fee of \$10, payable at the Welcome Center upon checking in. During the summer months when summer camp is in session (6/30/19-8/23/19) advanced notice must be given (minimum 5 business days) to the Natural Resources Department before any guest is brought on to camp property. The guest will be subjected to a background check. Guests must register at the Welcome Center. They will be given a guest name tag to wear, which must be returned prior to departure. Trail Users are responsible for the conduct of their guest and must accompany the guest at all times.
5. Please be aware that Frost Valley Property borders private property in some locations. It is the responsibility of each Trail User to recognize boundaries and to avoid trespassing. Hiking maps provide a general reference for property boundaries. If an area is in question, please contact the Director of Natural Resources for clarification.
6. Hiking and snowshoeing are prohibited on designated cross-country ski trails during winter. Winter trail maps are available at the Welcome Center during that time.
7. Registered guests have access to use the Frost Valley trails during the duration of their stay. They can be identified by wearing a colored wrist band with "Frost Valley Rocks" printed on it.

C. CROSS COUNTRY SKIING GENERAL INFORMATION AND RULES

1. The Frost Valley Cross Country Ski Center is open Saturdays from 9:30am-4:30 and Sundays from 9:30am-12:30pm from December through March, conditions permitting. The Ski Center is also open during the week between Christmas Day and New Year's Day, and the beginning of Presidents' Day week.
2. Current snow conditions are available by calling the ski hotline at: (845) 985-2291 ext 396.
3. In the West Valley, Trail Users may bring their own equipment or rent equipment from the Ski Center for a fee.
 - a. Trail Users who bring their own equipment may ski any trail at their own risk, unless it has been closed by Frost Valley YMCA for maintenance. You must check in at the Welcome Center (opens at 8:30am) before you go out on trail, and check out before you leave. You will be asked for your Driver's License, which Frost Valley will hold until you sign out. This is so we know that there are people out on trail, and if they have returned. Any trails may be skied. Trails designated as open on the ski hotline will be packed trails. Trails designated as closed will be classified as backcountry, and may or may not be packed.
 - b. Trail Users who wish to rent equipment are only able to do so while the the Ski Center is open. When using rented equipment, you must check in at the Welcome Center to pay for rentals, then sign in and out at the Ski Center and adhere to all rules in place for registered guests of Frost Valley, including which trails are open to ski and time to return the equipment.
 - i. Please call ahead to see if rentals are available for the dates which you want to come.
4. Cross Country Skiers must check out by 4:30pm.
5. Registered guests who have paid a day skiing fee and rental fee have access to use the Frost Valley cross-country ski trails.
6. In the East Valley, Trail Users must bring their own equipment. All trails are designated as backcountry trails. They are not packed or patrolled. Signing in is not required. Ski at your own risk.

D. DISC GOLF GENERAL INFORMATION AND RULES

1. Parking to access the Disc Golf Course is only allowed at the Welcome Center Parking Lot.
2. The course may be used by Frost Valley YMCA registered guests, and all participants of the Outdoor Sporting Program.
3. Trail Users playing disc golf may bring their own equipment or rent equipment for a returnable deposit.
 - a. Lost equipment fees will be taken out of the deposit.
 - b. Rented equipment must be returned to the Welcome Center by 5:30PM.
 - c. Equipment is available for purchase at the Frost Valley Store located in the dining hall.
4. Frost Valley YMCA is not responsible for the loss or damage of equipment.
5. The course goes through uneven forested terrain. Hiking boots with good ankle support are the recommended footwear for use on the course. Use of the course is at your own risk.
6. Smoking is prohibited on the Disc Golf course.
7. Registered guests have access to use the Frost Valley disc golf course during the duration of their stay. They can be identified by wearing a colored wrist band with "Frost Valley Rocks" printed on it.

E. DISC GOLF SEASONS

1. Opens for season when snow is off the course.
2. Closed during Summer Camp (6/30/19–8/23/19)
 - a. Exception: Exclusive Summer Members–Only Days (dates TBA by Natural Resources Director)
3. Closed during the regular (rifle) season for big game hunting (dates can be seen in Hunting Seasons section)

SECTION 3: HUNTING

A. HUNTING REGULATIONS

1. Frost Valley YMCA hunters are required to abide by all NYS DEC hunting regulations and Frost Valley YMCA’s additional regulations. Violation of any Frost Valley or State regulations will result in immediate revocation of hunting privileges without refund.
2. NYS DEC hunting regulations can be reviewed in the New York Hunting and Trapping Guide provided when purchasing hunting licenses or online at: <http://www.dec.ny.gov/>
3. All of Frost Valley YMCA’s property is located within NYS DEC’s WMU 3A, which has an antler point restriction. This requires that any antlered deer harvested must have at least one (1) antler with three (3) or more points that are at least one inch long.
4. Hunting is restricted to legal hours as indicated in the New York Hunting and Trapping Guide or online at: www.dec.ny.gov
5. All Frost Valley Hunters must display their DEC Back Tag and Frost Valley ID Badge while hunting on Frost Valley property.
6. All Hunters must wear at least 100 square inches of blaze orange while hunting on Frost Valley YMCA land during rifle hunting seasons.
 - a. 100in² is a baseball cap that is orange everywhere including the brim.
7. **Under no circumstances may a guest be brought to hunt.** Registered guests are not permitted to hunt Frost Valley property. Any person hunting Frost Valley YMCA property must be a sponsored Hunting Program participant.

B. HUNTING GENERAL INFORMATION AND RULES

1. Hunting on Frost Valley YMCA property is limited to Frost Valley Hunters with a valid license from New York State’s Department of Environmental Conservation and any additional stamps or privileges required for participating in desired hunting seasons.
2. Sponsorship from a full time Frost Valley YMCA Staff Member is required to become a Frost Valley Hunter. Sponsorship can be granted by passing an exam and interviewing in–person with all staff in the Natural Resources Department.
3. Hunters are asked to support the Natural Resources management goals of Frost Valley YMCA and assist with the harvest of wildlife to balance population with the carrying capacity of the habitat. Deer hunters help balance doe/buck sex ratios within the population, insuring the health, quality, and sustainability of deer and our forest resources by harvesting as many doe as buck.
4. The pole barn at the West Entrance of the Model Forest is the only designated location for hanging and weighing Big Game for all of hunting season. Please take note of this location on the Frost Valley YMCA Sporting Zone maps. Game may not be transported to any other locations on Frost Valley property.
5. Locations open to hunting are set to reduce conflict with other Frost Valley programs. Sporting Zone Maps are produced at the beginning of each season to indicate authorized hunting areas, parking locations, and trails (blazed and unblazed). Hunters must reference these maps at the Kiosks to determine open and closed areas.
6. It is the responsibility of the hunter to track any game injured due to hunting to the best of their ability. Any injured game not found must be reported to the Director of Natural Resources as soon as possible. If the injured game enters a closed hunting zone, the hunter may not bring a firearm into the closed zone.
7. Do not hunt unless you have the means to remove your take from the woods. It is the responsibility of the hunter to remove game once taken.
8. **New Hunters** must participate in an orientation given by a member of the Natural Resources Department Staff. Contact the Natural Resources Department to schedule the orientation.

C. REPORTING HARVESTS AND SIGHTINGS

1. **Any wildlife harvested on Frost Valley YMCA property must be reported to the Director of Natural Resources using an official harvest report form. This must be completed within 24 hours of the harvest.** All appropriate statistics should be included on the report (hunter name, species, sex, weight, estimated age, antler points, beard and spur length, weapon, location, etc.). Harvest Report Forms are available at the Outdoor Sporting Program Kiosks.
2. All Frost Valley Hunters must complete a post season survey giving the number of days and hours hunted during each season. This will be mailed out at the end of the big game muzzleloader season. These should be filled out to the best of the hunter’s ability. It may be beneficial to keep a hunting season journal.

D. AREAS OPEN TO HUNTING AND HUNTING ZONE INFORMATION

1. Hunting in closed zones is not permitted. Transportation of harvested game through closed zones is not permitted.
2. Walking through closed zones to access open zones, state land, or private land with a hunting weapon of any kind is not permitted.
3. Hunting zones 1, 2 and 14a are closed EXCEPT when notified by the Director of Natural Resources. Dates for opening these zones are announced at the annual hunting banquet on the eve of the regular big game season.
4. Hunting is not permitted within 500 feet of property roads, buildings, program areas, developed areas, or horse pastures.
5. Hunting is not permitted within 200 feet of town and county roads. New York State Law prohibits the discharge a firearm, bow or crossbow so that the load or arrow passes over any part of a public highway.
6. Please Note: Some Frost Valley YMCA property borders private property. Hunters should be aware of where they are hunting at all times and be respectful of the rights of private landowners. Participation in Frost Valley's Outdoor Sporting Program does not give Hunters the right to trespass on private property. It is the hunter's responsibility to know authorized hunting zones on Frost Valley YMCA properties and their relation to private land before accessing these areas.

E. TREE STANDS AND GROUND BLINDS

1. Permanent tree stands or any tree stand that damages a tree or requires fasteners be inserted into a tree are prohibited.
 - a. Straps and all bolts/screws for stands should be inspected and retensioned annually.
2. Temporary ground blinds are permitted, including:
 - a. Pop up, tent style blinds
 - b. Blinds constructed from down tree limbs
 - i. These must be removed within 1 week of the conclusion of the late muzzleloader/bow.
3. Permanent ground blinds are prohibited, including, but not limited to:
 - a. Blinds constructed from dimensional lumber
 - b. Pop up, tent style blinds affixed to a platform
 - c. Blinds constructed from cut vegetation/trees
4. **All stands and blinds must display a tag at eye level specifying the owner's name, participant ID number, phone number, and the date the tag was displayed.** This tag should be updated annually to ensure that it is readable. Stands not identified will be confiscated. Locks holding stands in place will be cut if necessary.
 - a. A fee of \$100 will be charged to return confiscated stands and blinds.
5. Hooks or other gear hanging devices that must be screwed, hammered, or otherwise inserted into a tree are prohibited.

F. HUNTING WEAPONS

1. When not in use, all hunting weapons must be locked in a vehicle.
2. New York State Law requires that they be unloaded while inside a vehicle.
3. Hunting weapons are not allowed in Frost Valley YMCA buildings.

G. ATV USE AND DEFINITIONS

1. Personal All-terrain Vehicles (ATVs) and Multipurpose Off-Highway Utility Vehicles (MOHUVs) (a.k.a. UTVs or Side-by-Sides) are allowed for access only and are permitted on a limited number of designated trails to encourage hunting in remote areas.
 - a. All other personal vehicles, such as trucks, cars, snowmobiles, dirt bikes, etc. are prohibited from operation on any Frost Valley YMCA trails.
2. In order to operate an ATV at Frost Valley, Hunters must submit a copy of the registration and proof of insurance to the Director of Natural Resources.
3. Trails open to ATVs are noted on the hunting maps with a green highlight. All other trails are closed to ATV use. All trails may be used by Frost Valley Staff for patrol and maintenance purposes.
4. Frost Valley defines ATVs using the American National Standards Institute (ANSI) definition: a motorized vehicle that travels on low pressure tires, with a seat that is straddled by the operator, and with handlebars for steering control.
5. Frost Valley defines MOHUVs using the Outdoor Power Equipment Institute (OPEI) definition: vehicles with: four or more wheels, a steering wheel, non-straddle seating, and maximum speeds between 25 mph and 50 mph. In addition, MOHUVs have foot controls for throttle and braking, occupant restraints, and rollover protective structures.
6. ATV hereafter refers to MOHUVs as well as ATVs.

H. ATV RULES AND REGULATIONS

1. Recreational riding is not allowed.

- ATVs are restricted to designated trails and parking areas, which are noted on hunting maps. ATVs may not leave trails to aid in dragging game out. Parking areas are designated with a sign. Riding ATVs in any other location on the property will result in revocation of a program privileges without refund.
- All ATV users are required to abide by New York State Law, Article 48-C, Rules for Operation of ATV's. This requires that helmets be worn while operating, prohibits operating ATVs on paved roads, and states that no one shall operate an ATV within one hundred feet of a dwelling between midnight and six a.m., at a speed greater than the minimum required to maintain forward movement of the ATV.
- ATVs shall be one-person vehicles. No passengers.
- Only MOHUVs with 4 tires and a single row of seats are permitted.
- MOHUVs may only carry the number of people for which it has seat belts. Seat belts must be worn while in operation.
- It is the responsibility of each hunter to know which trails are open for ATV use.
- Slow speed operation is mandatory to protect the integrity of Frost Valley's trails and to prevent impacting the experience of fellow sporting program participants.
- If a trail is not passable due to trees across the trail which requires a chainsaw to be removed, report this to a member of the Natural Resources Staff to be taken care of. The trail will be closed from the point where it is not passable. Any participant found with a chainsaw will have their privileges revoked without refund.
- If erosion or adverse trail damage occurs, trails will be closed. Please notify the Director of Natural Resources if you encounter areas of trail which display this.
- ATVs may never be used to pursue, chase, or harass wildlife.
- Frost Valley YMCA is not responsible for injury, or any damages caused to ATVs. Use at your own risk.

I. FROST VALLEY HUNTING SEASONS

It is the responsibility of each hunter to know where these zones are located.

HUNTING SEASON	DATES	CLOSED HUNTING ZONES
Spring Youth Turkey (12-15 year olds)	4/20/19 - 4/21/19	1, 2 & 14a
Spring Turkey	5/1/19 - 5/31/19 (½ hour before sunrise until noon)	1, 2 & 14a
Early Bear	9/7/19 - 9/22/19	1, 2 & 14a
Fall Turkey	Refer to DEC Guide for Dates	1, 2 & 14a
Early Bowhunting (Deer & Bear)	10/1/19 - 11/15/19	1, 2 & 14a
Youth Firearms (Deer)	10/12/19 - 10/14/19	1, 2 & 14a
Regular Season (Deer & Bear)	11/16/19- 12/8/19	1, 2 & 14a
Late Bow & Muzzleloader (Deer & Bear)	12/9/19 - 12/17/19	1, 2 & 14a

Please Refer to DEC Guide for dates of all hunting seasons you plan to participate in. Our dates should reflect the dates designated by New York State. Due to potential conflict with other Frost Valley programs, zones 1, 2 & 14a will remain closed unless notified by the Director of Natural Resources. *Zone closures and season dates are subject to change. Hunters may be notified in the event of any changes. The Frost Valley YMCA property is entirely in Wildlife Management Unit (WMU) 3A for NYS DEC Hunting Zones. Please note this for tagging your game.

SECTION 4: FLY FISHING

A. FISHING REGULATIONS

- All anglers are required to possess a valid NYS fishing license.
- For fishing seasons, and regional regulations, please refer to the New York Freshwater Fishing Guide provided when purchasing fishing licenses or online at: www.dec.ny.gov
- All fish harvested from Frost Valley waters must be reported in one of the Outdoor Sporting Program Kiosks.** Anglers are encouraged to report fish caught and released.
- Fly fishing is the only method of angling allowed in Frost Valley waters
 - Exception: Lake Cole and White Pond fishing preserves

5. While fishing in the Neversink and its tributaries, Frost Valley YMCA requires anglers to practice catch-and-release on all brook trout.
 - a. Exception: if a brook trout is caught in a way that they will not survive being released, they may be kept. Photos of the fish must be taken and send to the Director of Natural Resources within 24 hours.
6. Brown trout may be harvested.
 - a. For harvesting brown trout, please refer to the NYS Freshwater Fishing Guide for daily limits and size restrictions.
7. For those fishing in White Pond, please do not release perch back into the pond. We are trying to get this back to a brook trout pond.
8. In order to prevent the spread of invasive species, anglers are required to clean their waders and boots with 2% bleach or Spray Nine solution if their equipment has been used in streams or rivers other than the Neversink and its tributaries.
9. Ice fishing is not permitted, unless participating in programming with a Frost Valley Staff member (day use or weekend program fees will apply to participate in this).

B. WATERS OPEN TO FISHING

1. The West Branch of the Neversink River and its tributaries as posted by Frost Valley.
 - a. Anglers should refer to the fishing map of Frost Valley YMCA property as a general guideline to Frost Valley waters available for fishing.
 - b. From the red steel logging bridge at the southwest end of Frost Valley, upstream to the NYS Forest Preserve Lands on the northeast border of Frost Valley properties (about 3 miles).
 - c. Downstream of the red steel bridge to the junction of Clear Creek at the New York State/Frost Valley property boundary is shared waters. Anglers may only wade from the south bank, or left bank looking downstream.
 - d. All tributaries of the West Branch including, but not limited to: Biscuit Brook, Pigeon Brook, and High Falls Brook.
 - i. Fly fishing in Biscuit Brook and Pigeon Brook is closed while summer camp is in session (6/30/19-8/23/19).
 - e. White Pond, Reflection Pond, and Lake Cole.
2. The East Branch of the Neversink River and its tributaries as posted by Frost Valley.
 - a. Anglers should refer to the fishing map of Frost Valley YMCA property as a general guideline to Frost Valley waters available for fishing.
 - b. Fly fishing is closed in the East Branch of the Neversink River from cable bridge at the farm upstream to Erts Brook when farm camp is in session (6/30/19-8/30/19).
 - c. Some of these waters border land owned by NYCDEP. DEP land may be accessed, but you must have a permit. This can be obtained at: www.nyc.gov/dep
 - i. There are certain use restrictions in place on different DEP parcels. Please be aware of the use restrictions on the DEP parcels you are accessing.
 - d. Please note: Some of these waters border private property. Anglers should be mindful of where they are fishing at all times and respectful of the rights of private landowners. The Frost Valley Outdoor Sporting Program does not grant the right to trespass on private property.
3. If an area of the river is in question, please contact the Director of Natural Resources for clarification.

C. SPECIAL RULES FOR NYS LICENSED FISHING PRESERVES:

1. No fishing license is required for fishing these waters.
2. Lake Cole:
 - a. Frost Valley Anglers may fish Lake Cole whenever the lake is free of ice, except when summer camp is in session (6/30/19-8/23/19).
 - b. Fly fishing, spin and bait casting with lures or live bait are all permitted.
 - i. Earthworms are an invasive species. In order to prevent their spread, please do not dump leftover worms out on the ground.
 - c. Fishing is prohibited in the vicinity of or from the swimming area and boating docks.
 - d. Use of watercraft is prohibited unless participating in programming with a Frost Valley Staff member.
 - e. **Harvesting of fish (all harvested fish must be reported):**
 - i. Black bass (Smallmouth) may be pursued at any time of year
 - May be kept from the 3rd Saturday in June until Nov. 30th (Aligns with New York State fishing season for black bass)
 - » Minimum length: 12 inches
 - » Daily Limit: 2
 - Catch and Release only for the remainder of the year
 - » This prevents removal of spawning black bass during spring

- ii. Trout may be pursued at any time of year
 - Rainbow Trout may be kept from Apr. 1 until Oct. 15
 - » Daily Limit: 2
 - Brook Trout must be released unharmed
 - All other trout may be kept without limit
 - iii. All other species may be kept at any time of year without limit
3. White Pond: Fishing is allowed from Apr. 1 until Nov. 30.
- a. Wading is not permitted after October 16th.
 - b. Fly fishing, spin and bait casting with lures or live bait are all permitted.
 - i. Earthworms are an invasive species. In order to prevent their spread, please do not dump leftover worms out on the ground.
- c. Harvesting of fish (all harvested fish must be reported):**
- i. Trout may be pursued whenever fishing is allowed
 - Brook trout may be kept from Apr. 1 through Oct. 15
 - » Minimum length: 12 inches
 - » Daily Limit: 2
 - All other trout species may be kept without limit
 - ii. All other species
 - Please do not release these fish back into White Pond
4. Reflection Pond: Fly fishing is allowed from April 1st until November 30th as long as it is free of ice, except when summer camp is in session (6/30/19-8/23/19).
5. According to New York State Law, all fish caught in fishing preserves and removed from the property must have a NYS DEC fin tag attached. A carcass identification form must be filled out. Fin tags and ID forms may be obtained at the Welcome Center. Failure to do this may result in tickets or fines from New York State, and possible revocation of your fishing license privileges.

D. FISHING GENERAL INFORMATION AND RULES

1. Anglers must report all harvested brown trout, and are encouraged to report all caught and released brook and brown trout (or other species) at one of the Outdoor Sporting Program Kiosks.
 - a. Reporting fish caught will give the Natural Resources Department data to track fish caught/harvested and aid in managing the fishery.
2. Anglers are encouraged to sign in and out at the kiosks in order to provide the Natural Resource Department with data about use of the property.
3. **New Anglers** must participate in an orientation given by a member of the Natural Resources Department staff. Contact the Natural Resources Department to schedule the orientation.
4. Frost Valley Anglers may bring one fly fishing guest per day visit for a \$25 guest fee. During the summer months when summer camp is in session (6/30/19-8/23/19) advanced notice must be given (minimum 5 business days) to the Natural Resources Department before any guest is brought on to camp property. The guest will be subjected to a background check. Guests must register at the Welcome Center prior to fishing. They will be given a guest name tag to wear, which must be returned prior to departure. Anglers assume full responsibility for their guests and must accompany them at all times.
5. Registered guests have access to fish the Frost Valley waters during the duration of their stay. They can be identified by wearing a colored wrist band with "Frost Valley Rocks" printed on it. They must possess a NYS fishing license, sign in at the Welcome Center, and read these rules and regulations.
6. For a \$50 fee, prospective Frost Valley Anglers may request a one-day sampler of Frost Valley waters. This charge can be applied toward the annual participation fee. Advanced reservation and an orientation are required. Prospective Anglers are required to check-in at the Welcome Center prior to fishing.

The Outdoor Sporting Program is dedicated to the responsible stewardship of our natural resources (water, wildlife, forests, and soils) and to the personal growth that results when individuals spend quality time in the outdoors. These programs also incorporate and encourage members to uphold Frost Valley's eight core values: Caring, Community, Diversity, Honesty, Inclusiveness, Respect, Responsibility, and Stewardship.