

Ruth Gottscho Dialysis and Children's Kidney Program at Frost Valley YMCA
www.frostvalley.org/kidney

Camper Name: _____

We are pleased to inform you that your child has been accepted to the Ruth Gottscho Dialysis and Children's Kidney Program at Frost Valley YMCA for:

- Resident Camp 1: June 28 – July 10, 2020
- Resident Camp 2: July 12 – July 24, 2020

Please meet with your healthcare team to complete the enclosed transfer forms, which should be faxed to (718) 652-3136 or emailed to mdoyle@montefiore.org.

- We must receive transfer forms in the month of JUNE prior to arrival at camp, along with recent/June labs and all transient dialysis forms.
- Children without complete information will not be accepted. We will also be contacting your healthcare team.
- Children should arrive with a **14-day supply** of all medications, which should be in the original labelled containers or packets from the pharmacy, **NOT pre-poured or in a med box.**
- Please double-check ALL meds before your child boards the bus! Medications and any additional paperwork should be carried in a separate bag and brought immediately to the Wellness Center upon arrival at camp or given to counselors on the bus. We suggest you include an extra copy of insurance or prescription coverage cards in med carrier, along with your child's name and parent's contact info, and a copy of their med list.

The main camp number is **845-985-2291**, then ask for the Gottscho Dialysis Unit x227. The fax number for the camp dialysis unit (during sessions) is 845-985-0059.

We do our best to accommodate every child's needs, so please let us know if you have any special concerns. We hope your child has an enjoyable experience and we rely on your assistance in these preparations. Feel free to contact us if you have questions prior to camp!

Maya Doyle, LCSW, Social Work Coordinator (347) 665 8662

mdoyle@montefiore.org

Elena Cotillo, RN, Dialysis Nurse Coordinator

ecotillo@montefiore.org

Blanche Van Etten, Camp Registrar (845) 985-2291

campregistration@frostvalley.org



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Transfer Summary

This form must be completed and signed by child's doctor in the month of JUNE prior to arrival at camp. Any additional paperwork, and all medications, should be carried in a separate piece of luggage and brought directly to the Wellness Center/Dialysis Unit. Meds from bus campers will be delivered to us from the buses.

Name of Camper: _____

Type of Camper: Hemo PD Transplant CKD >Stage

Kidney Diagnosis/Other Conditions: _____

Allergies: _____

Bedwetting GU Catheterization Injectable Meds (Epogen, Insulin, Growth Hormone)

Vital Signs (date): _____

Weight (dry) _____ Temperature _____ Blood Pressure _____ Heart Rate _____

For Dialysis: Please sign this form and complete med list. Attach transient dialysis forms, recent flow sheets, recent care plan, Montefiore dialysis consents, and recent labs. All forms available at frostvalley.org/kidney.

Dialysis Prescription:	
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For CKD and Transplant: Please sign this form and complete medication list. Attach recent labs and notes detailing any recent changes, particularly rejection episodes.

Please FAX or email to camp coordinator at 718-652-3136 / mdoyle@montefiore.org
AND give family a copy to pack with 14-day supply of ALL medications

Contact us at (718) 655-1120 or (845) 985-2291 x227 if there are any acute changes in child's condition or medications.

Notes:

Medical Clearance: It is my professional opinion that the above named child is medically stable, and suitable to participate in resident camp activities.

Name & Title: _____

Referring Center: _____

Phone Number: _____

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Signature _____

Date _____

Medication List

Completed by:
Date:

Medication Strength/Concentration	Time given AM	Time given	Time given PM	Time given	Purpose	Notes
Additional:						
Diet:						
Allergies:						

Home Pharmacy: _____

Pharmacy Phone: _____



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Reminders for Everyone

The main camp number is **(845) 985-2291**, then ask for the Gottscho Dialysis Unit (x227).

Medications

- Kidney campers must BRING THEIR MEDS to camp. (Do not order meds as other campers do). This includes pills, liquid medications, and any injectables (growth hormone, Epogen, insulin, etc.). Children should arrive with at least a 14-day supply of all medications, which should be in the original labelled containers from the pharmacy, NOT pre-poured.
- Children with unlabeled meds cannot stay at camp!
- We recommend packing in a separate carrier or cooler bag, labelled with their name. Include an extra copy of insurance or prescription coverage cards in the medication carrier, along with child's name and parent's contact info, and a copy of their med list.
- Medications and any related paperwork should be brought immediately to the Wellness Center or given to counselors on your child's bus. Please doublecheck ALL meds before your child boards the bus!
- When your child returns from camp, meds will be packed in their luggage whenever possible, but please check with bus counselors for anything required special arrangements (liquids, cooler bags, etc).
- If you have any questions about bringing/transporting meds to camp, please contact our coordinators ASAP (below)

For PD campers

Please share this info with your PD nurse.

Be sure to review **CAPD** technique with your nurse prior to arriving at camp. Our nurses will be there to help and teach you, but training and practicing ahead of time is VERY important.

Contact your supplier (Baxter, Fresenius) several weeks ahead of time and let them know that you need: 14-16 days' worth of dialysis fluid & supplies delivered to camp. Specifically request Ultrabags and Minicaps for CAPD! Your dialysis nurse can contact us directly to discuss supplies and routine at camp.

The address is: Ruth Gottscho Dialysis Unit/Guenther Wellness Center, Frost Valley YMCA
2000 Frost Valley Road Claryville, NY 12725-9600 Phone (845) 985-2291

Maya Doyle, LCSW, Social Work Coordinator
Elena Cotillo, RN, Dialysis Nurse Coordinator

347-665-8662

mduoye@montefiore.org
ecotillo@montefiore.org

We can't wait to see your camper!



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Kidney Program Deposit Form

Dear Parent,

A place is being reserved for your child at Frost Valley YMCA this summer. Each child attending our program receives a scholarship that is worth more than \$2000 per camper. Every year, we have a waiting list of children who want to attend. Last minute cancellations and no-shows are a great loss to the program.

In order to confirm your child's attendance, please return this form with a \$25 deposit (payable by credit card below, check or money order).

Please mail to:
Camp Registrar
Frost Valley YMCA
2000 Frost Valley Road
Claryville, NY 12725

This deposit will be available *in the camp store* for your child when they arrive at camp, so that they can purchase Frost Valley gear! You can always add extra money to your child's camp store account.

Please find enclosed a \$25 deposit for my child's attendance at the Ruth Gottscho Dialysis and Children's Kidney Program at Frost Valley YMA this summer	
Child's Name	
Type of Payment (circle)	check money order credit card
Credit Card Number	
Expiration date and verification code	
Signature	
I authorize Frost Valley YMCA to charge the above card for \$25 on receipt of this form	yes

If your child is NOT able to attend, you MUST let us know two weeks prior to camp attendance or provide a doctor's note. Late notice or lack of notice means the deposit will not be refunded.

If you have any questions regarding the deposit policy, please contact camp coordinator Maya Doyle (mdoyle@montefiore.org) or you may also call the registrar's office at 845-985-2291 to provide credit card info by phone.