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# FROST VALLEY YMCA

**FOR IMMEDIATE RELEASE**: November 7, 2012
HURRICANE SANDY RELIEF EFFORTS
FROST VALLEY YMCA
**CONTACT:** Edward Jenkins
**TEL:** (845) 985-2291 x 211
**EMAIL:** EJenkins@FrostValley.org
**WEB:** www.frostvalley.org/sandyrelief
**VIEW:** A Video Message From Our CEO—An Offer of Assistance

Frost Valley YMCA extends our sincerest condolences to those who have suffered losses from Hurricane Sandy. Last year, when Frost Valley was devastated by Hurricane Irene, our community in New Jersey and New York came to our aid. This year, we fared much better through the storm, however, as a non-profit, we will feel the effects of Hurricane Sandy for months to come. But, in this time of need, we are happy to be able to offer support to our community and those less fortunate than us.

Below are dates that Frost Valley YMCA has set aside for families directly affected by the storm to come to the Catskills and enjoy our facility, including hot showers, home cooked meals, and warm beds free of charge. We are also offering a Thanksgiving celebration for anyone unable to have their own this year due to Hurricane Sandy.

**WEEKENDS:**
November 9-11
November 16-18
November 30-December 2
December 7-9
**To support Frost Valley YMCA's Sandy Relief Efforts:**
Contact Lianne McElhone: **Email** lmcelhone@frostvalley.org, **call** (845) 985-2291 ext. 295 or

**Send Mail To:**
Frost Valley YMCA
Attention: Sandy Relief Efforts
2000 Frost Valley Road
Claryville, NY 12725

**ABOUT FROST VALLEY YMCA:**

Frost Valley YMCA is a 5,000 acre camp in the heart of the forever wild Catskill Mountains. We are, at heart, a summer camp all year long. But, we serve people through Camp, School Programs, Family & Group Retreats and East Valley Ranch. Please contact us for story ideas on these or any of our other many programs.