2026 – 2027 Rates

Frost Valley YMCA runs programming during 2026–2027 from Monday to Friday, starting on September 9, 2026 and going until June 18, 2027. Our goal is to host you and your students for a first class experience. We can customize your school's trip in order to fit your needs and goals. Rates include the service of a program director and coordinator who will assist you in the planning of your trip, one outdoor instructor for every 15 students, meals, and a variety of classes! We encourage you to contact us to plan a tour of our world-class facilities and one-of-a-kind programming. Financial assistance is available. If cost is a concern, we encourage you to request an application. Our fundraising efforts support equitable access for all groups.
Please call 845-985-2291 ext. 375 to learn more.

Please inquire about Sullivan and Ulster county discounts!

PACKAGES Per Person Rates	2-DAY, 1-NIGHT	3-DAY, 2-NIGHT	4-DAY, 3-NIGHT	5-DAY, 4-NIGHT	DAY RATE
PRIME DATES (Sept-Nov, Mid-Apr-June)	$248	$297	$380	$475	$22 per class, $10 for meals
STANDARD DATES (Wed-Fri, Dec-mid Apr)	$234	$289	$371	$463	
SUBSIDIZED DATES (Mon-Wed, Dec-mid Apr)	$219	$270	$347	$433	

September 2026

M	T	W	TH	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	30	31		

7: Labor Day
11–13: Rosh Hashanah
20–21: Yom Kippur

October 2026

M	T	W	TH	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

12: Indigenous Peoples Day
31: Halloween

November 2026

M	T	W	TH	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

3: Election Day
11: Veteran's Day
26: Thanksgiving

December 2026

M	T	W	TH	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

24: Christmas Eve
25: Christmas Day
31: New Year's Eve

January 2027

M	T	W	TH	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

1: New Year's Day
18: MLK, Jr. Day

February 2027

M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26

15: President's Day

March 2027

M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

17: St. Patrick's Day

April 2027

M	T	W	TH	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

3: Good Friday
6: Easter Monday

May 2027

M	T	W	TH	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

24: Memorial Day

June 2027

M	T	W	TH	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

LINENS:

Pillowcase, fitted sheet, flat sheet: $14.00 per set

Pillows and Blankets are provided at no cost. Towels, including paper towels, are not included in lodging, so please plan accordingly. Please bring a towel and any other bedding needs.

YOUR TRIP PRICE PER PERSON INCLUDES:

- Lodging, meals, and full class programming
- One evening program
- One Outdoor Instructor per 15 students
- Program planning support
- Required EMS coverage

FROST VALLEY EVENING SPEAKERS:

Evening Speakers are subject to availability. Prices subject to change.

Herpetology	Brian Robinson	$575 per show
Ornithology	Bill Robinson	$575 per show
Revolutionary War	Neil Murray	$575 per show
Square Dance	Lance Olds	$575 per show
Story Laurie	Laurie McIntosh	$470 per show

NOT INCLUDED (can be added for additional cost):

- Optional paid nursing services
- Additional evening programs
- Bed linens/towels
- Bus transportation
- Radio rentals
- Outside vendor evening programs

2026 – 2027 Rates Continued

BUS SERVICE:

Frost Valley YMCA can assist in your trip planning and save you money by offering some attractive rates through the bus company. All buses can accommodate 54–55 passengers and come standard with heating, air-conditioning systems, GPS, lavatory, DVD/VCR, and undercarriage storage compartments.

Academy: Starting at $1,690 per 54 passenger bus, one way. No service to Suffolk County.

All bus pricing is subject to change and based on availability. For more information, please contact the reservations department at reservations@frostvalley.org or (845) 985-2291 ext. 450.

RADIO RENTAL COST:

With a lack of cell service, communication can be hard. If you need to rent radios to communicate with your team, we will charge a flat rate of $100 to use them throughout the visit. They are first come, first served and the radio line may be shared with other schools. Additional fees added for lost or damaged radios.

MEDICAL SERVICES:

If you opt in to pay for our nursing services, our Health Center will provide nursing and first aid care for your school at Frost Valley YMCA. Our staff consists of trained professionals dedicated to providing quality health care, and emergency first aid care. We carry backboards, oxygen therapy, nebulizer machines, biohazard kits, first aid supplies, Automatic Electronic Defibrillators (AED), splints, and rapid response vehicles such as our UTV.

If a patient needs to go to the hospital or urgent care, schools are required to provide their own transportation to and from camp. Directions to the hospital/urgent care will be provided by our staff.

Medical services include our nurses collecting health forms, collecting medications, comparing MARS to medication labels, and coordinating with your school the frequency and time of day the medications need to be administered, respective to doctor's orders. Our nursing staff may be able to provide unique services to students with additional needs with advanced notification. Frost Valley YMCA nursing services are billed based on each calendar day your school is here (i.e. a Wednesday – Friday trip is charged for three days). For further information, please call us at (845) 985-2291 ext. 225 or email nurse@frostvalley.org

PLEASE SIGN UP FOR THIS SERVICE AT LEAST TWO WEEKS PRIOR TO TRIP ATTENDANCE

NURSING SERVICE PRICING SCHEDULE – July 2026–June 2027 (12 month)

GROUP SIZE	1 DAY RATE	2 DAY RATE	3 DAY RATE	4 DAY RATE	5 DAY RATE
1–100	$664	$1,393	$1,991	$2,588	$3,185
101–150	$863	$1,393	$1,991	$2,588	$3,185
151–200	$1,062	$1,792	$2,588	$3,384	$4,180
201+	$1,261	$1,991	$2,986	$3,981	NA

EMERGENCY MEDICAL SUPPORT (EMS)

To ensure the safety of every visiting group, Frost Valley now provides on-site Emergency Medical Support (EMS) for all schools. This service is required and automatically included in your contract. EMS coverage does not include daily medication administration or routine wellness care. Schools needing those services or more should register separately for Frost Valley's full Nursing Services. If a group opts out of Frost Valley Nursing service they are responsible for providing their own nurse and lockable storage (e.g., a locking med-box) to ensure policy compliance.

MEDICAL TRANSPORTATION:

It is imperative that schools bring their own vehicle to transport any off site medical patients. While our wellness center staff will do their best to provide care, if a patient needs to go to the hospital or urgent care, schools are required to provide their own transportation to and from camp. Taxis and Ubers may not come out to Frost Valley, or may require a high cost. If Frost Valley does need to transport a patient, especially after hours, additional fees may apply.

EMS PRICING SCHEDULE – July 2026–June 2027 (12 month)

	1 DAY RATE	2 DAY RATE	3 DAY RATE	4 DAY RATE	5 DAY RATE
Full-Time EMS Service (24 Hr Service) Unlimited Students	$145	$435	$1,159	$1,739	$2,318

Our EMS responder is available to:

- Respond to urgent medical needs
- Provide assessment and initial care
- Coordinate emergency transport if needed
- Support campus-wide emergency procedures

SERVICE	WHAT IT COVERS	INCLUDED?
EMS	Urgent response, emergency stabilization, coordination with outside emergency services	Yes (Required)
Nursing Services	Medication distribution, daily care, MAR management, routine assessments	No (Add'l Fee)