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FROST VALLEY YMCA

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Frost Valley Offers School-age Child Care at Tri-Valley

Children enjoy fun programs with homework time weekdays after school

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TRI-VALLEY — Frost Valley YMCA is now offering a School-age Child Care program at Tri-Valley Central School for students in grades K-6. The new program runs school days until 5:45 pm and is designed to provide parents with the reassurance that their child will spend after-school time in a safe and supportive environment.

Why is this new after-school program important? According to the National Youth Violence Prevention Resource Center (NYVPRC), two-thirds of parents say they have trouble finding local programs after the schoolday ends — the time when most juvenile crimes and risky youth behaviors take place. NYVPRC found that children who do not spend any time in after-school activities are 49 percent more likely to experiment with drugs, and are also at the highest risk of becoming a victim of violence, especially between the hours of 2-6 pm.

Children who participate in School-age Child Care will enjoy a healthy snack, time for homework or reading, age-specific activities, and structured programs such as physical activities, sports, crafts, games, and more. The cost of the program is \$13 per day. Limited bussing is available at a small additional fee (the bus leaves at 5 p.m.).

"School-age Child Care is so important for our community. While there are already great local child care centers, there are simply not enough to meet the need," says Frost Valley's Community Programs Director Katia Martin. "Our program will help bridge the gap and provide quality programming. Parents will be able to complete their workday without the stress of wondering, 'Who will be watching my kids?'" Parents can contact Katia Martin at kmartin@frostvalley.org or 845-985-2291 for information.

Press interviews are available upon request. Please contact Director of Marketing and Communications Amanda Hinski at AHinski@FrostValley.org

About Frost Valley YMCA Frost Valley YMCA is a values-driven organization that fosters youth development, healthy living, and social responsibility through outdoor educational and recreational programs for all. Located in the heart of the Catskill Mountains, Frost Valley provides year-round access to nature and fun through programs such as summer camp, adventure trips, farm camp, equestrian programs, group and family retreats, school trips, teambuilding and more. Frost Valley is guided in this pursuit by its core values which serve as pathways for guests as they bond with nature and each other: Caring, Community, Diversity, Honesty, Inclusiveness, Respect, Responsibility, and Stewardship.