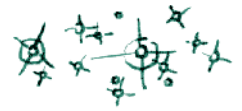





# SCHOOL TRIPS PACKING LIST

**NOTE: Students should be limited to ONE suitcase or duffle bag. ALL ITEMS SHOULD BE MARKED WITH YOUR NAME.**



 Use the handy list below to check off items as you pack them both at home before you come to Frost Valley YMCA and use it again to make sure you don't leave anything behind!

NECESSARY:			OPTIONAL:			WINTER GEAR:		
AT HOME	AT FROST VALLEY		AT HOME	AT FROST VALLEY		AT HOME	AT FROST VALLEY	
<input type="checkbox"/>	<input type="checkbox"/>	4 pairs of underwear	<input type="checkbox"/>	<input type="checkbox"/>	slippers	<input type="checkbox"/>	<input type="checkbox"/>	snow pants
<input type="checkbox"/>	<input type="checkbox"/>	4 pairs of socks	<input type="checkbox"/>	<input type="checkbox"/>	reading materials	<input type="checkbox"/>	<input type="checkbox"/>	boots (insulated, waterproof)
<input type="checkbox"/>	<input type="checkbox"/>	pajamas	<input type="checkbox"/>	<input type="checkbox"/>	writing materials	<input type="checkbox"/>	<input type="checkbox"/>	2 pairs warm mittens/gloves
<input type="checkbox"/>	<input type="checkbox"/>	2 pairs of walking shoes	<input type="checkbox"/>	<input type="checkbox"/>	plastic bags	<input type="checkbox"/>	<input type="checkbox"/>	scarf
<input type="checkbox"/>	<input type="checkbox"/>	raincoat	<input type="checkbox"/>	<input type="checkbox"/>	waterproof boots	<input type="checkbox"/>	<input type="checkbox"/>	winter coat (insulated, waterproof)
<input type="checkbox"/>	<input type="checkbox"/>	hat or hood	<input type="checkbox"/>	<input type="checkbox"/>	wash cloth	<input type="checkbox"/>	<input type="checkbox"/>	2 pairs extra wool/warm socks
<input type="checkbox"/>	<input type="checkbox"/>	2 warm pants or jeans	<input type="checkbox"/>	<input type="checkbox"/>	binoculars	<input type="checkbox"/>	<input type="checkbox"/>	ski hat (must cover ears)
<input type="checkbox"/>	<input type="checkbox"/>	1 jacket	<input type="checkbox"/>	<input type="checkbox"/>	sunglasses	<input type="checkbox"/>	<input type="checkbox"/>	long underwear
<input type="checkbox"/>	<input type="checkbox"/>	1 heavy sweater	<input type="checkbox"/>	<input type="checkbox"/>	lip balm/chap stick	* SNEAKERS ARE DISCOURAGED FOR WINTER WEAR		
<input type="checkbox"/>	<input type="checkbox"/>	warm shirts	<input type="checkbox"/>	<input type="checkbox"/>	stamps			
<input type="checkbox"/>	<input type="checkbox"/>	light shirts	<input type="checkbox"/>	<input type="checkbox"/>	camera			
<input type="checkbox"/>	<input type="checkbox"/>	bath towel	<input type="checkbox"/>	<input type="checkbox"/>	laundry bag			
<input type="checkbox"/>	<input type="checkbox"/>	tissues	<div data-bbox="1023 1092 1526 1512" data-label="List-Group"> <p><b>NOT ALLOWED:</b></p> <ul style="list-style-type: none"> <li>• radio/CD player/MP3/MP4 player</li> <li>• portable TV</li> <li>• cell phones</li> <li>• videogames</li> <li>• knives</li> <li>• candy or gum</li> <li>• food</li> <li>• hair driers</li> <li>• fireworks</li> <li>• matches</li> <li>• pets</li> </ul> </div>					
<input type="checkbox"/>	<input type="checkbox"/>	soap, shampoo						
<input type="checkbox"/>	<input type="checkbox"/>	comb or brush						
<input type="checkbox"/>	<input type="checkbox"/>	toothbrush & toothpaste						
<input type="checkbox"/>	<input type="checkbox"/>	sleeping bag						
<input type="checkbox"/>	<input type="checkbox"/>	water bottle						
<input type="checkbox"/>	<input type="checkbox"/>	backpack						
<input type="checkbox"/>	<input type="checkbox"/>	pillow						
<input type="checkbox"/>	<input type="checkbox"/>	flashlight						



**FROST VALLEY YMCA**  
 2000 Frost Valley Road, Claryville, NY 12725  
 TEL 845-985-2291 FAX 845-985-0056 WEB [frostvalley.org](http://frostvalley.org)

