

SUGGESTED CAMPER PACKING LIST

(suggested for two weeks)

NOTE:

ADVENTURE TRIPS & ADVENTURE VILLAGE HAVE SEPARATE PACKING LISTS THAT CAN BE FOUND ONLINE AT FROSTVALLEY.ORG

Please pack appropriately for your child. Modest bathing attire is suggested. T-shirts should cover campers midriffs. Closed-toed shoes are required for active camp programs and walking about on rough terrain. Clothing with alcohol, tobacco, drugs, sexual content or inappropriate language will not be permitted. Frost Valley will provide any sports equipment you need for activities.

*required item

- | | | |
|--|---|--|
| <input type="checkbox"/> blanket & sleeping bag* | <input type="checkbox"/> 2-3 Sweatshirts | <input type="checkbox"/> pencils/pens |
| <input type="checkbox"/> 2 fitted & 2 flat sheets | <input type="checkbox"/> 12 pairs socks | <input type="checkbox"/> toothbrush and paste |
| <input type="checkbox"/> 2 pillowcases | <input type="checkbox"/> hat or cap | <input type="checkbox"/> shampoo |
| <input type="checkbox"/> 1 pillow | <input type="checkbox"/> raincoat or poncho | <input type="checkbox"/> sunblock |
| <input type="checkbox"/> 1 laundry bag* | <input type="checkbox"/> 2 bathing suits | <input type="checkbox"/> water bottle (20 oz.) |
| <input type="checkbox"/> 4 bath towels* | <input type="checkbox"/> hiking shoes/
sturdy shoes
(already broken in) | <input type="checkbox"/> bug spray |
| <input type="checkbox"/> 6-8 shorts | <input type="checkbox"/> sneakers
(2 pairs if possible) | <input type="checkbox"/> 2 pairs pajamas |
| <input type="checkbox"/> 4-5 jeans/long pants | <input type="checkbox"/> soap and soapbox | <input type="checkbox"/> 10 t-shirts |
| <input type="checkbox"/> 1 belt | <input type="checkbox"/> comb/brush | <input type="checkbox"/> 4 long sleeve shirts |
| <input type="checkbox"/> 12 pairs underclothes | <input type="checkbox"/> flashlight* &
extra batteries | <input type="checkbox"/> barn shoes for
farm and horse camp
(if applicable) |
| <input type="checkbox"/> 1-2 heavy
sweater/jacket | <input type="checkbox"/> postcards & stamps
with addresses | <input type="checkbox"/> water shoes |
| | | <input type="checkbox"/> several pairs of jeans
for horseback riding
(if applicable) |

OPTIONAL

(Bring them if you have them)

- camera (inexpensive or disposable)
- musical instrument (inexpensive)
- book (**NOT** digital book readers)