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FROST VALLEY YMCA

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Frost Valley YMCA Announces Dates for Wilderness First Responder Certification Course at East Valley Ranch

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CLARYVILLE — Frost Valley YMCA announces the winter dates for The Wilderness First Responder Certification Course. This extensive six-day course will be held at Frost Valley's East Valley Ranch December 27–January 2, 2019 and March 9–15, 2019. The registration fee includes the course, as well as six nights of lodging and meals.

The Wilderness First Responder program is the ideal emergency medical training for leaders in remote areas. Outdoor educators, wilderness guides, members of the military, professional search and rescue teams, field researchers, and individuals involved in disaster relief will gain valuable skills from this comprehensive and practical curriculum.

The course includes the essential principles and skills required to assess and manage medical problems in isolated and extreme environments for days and weeks if necessary. This is the most current and cutting edge course of any first response medical training in the world!

Registration for the Wilderness First Responder Certification Course is currently open, but space is limited so anyone interested in attending should register right away. For more information or to register, please call 845-985-2291 ext. 240 or email egorman@frostvalley.org.

Interviews are available upon request. Please contact Director of Marketing and Communications Amanda Hinski at AHinski@FrostValley.org

About Frost Valley YMCA

Frost Valley YMCA is a values-driven organization that fosters youth development, healthy living, and social responsibility through outdoor educational and recreational programs for all. Located in the heart of the Catskill Mountains, Frost Valley provides year-round access to nature and fun through programs such as summer camp, adventure trips, farm camp, equestrian programs, group and family retreats, school trips, teambuilding and more. Frost Valley is guided in this pursuit by its core values which serve as pathways for guests as they bond with nature and each other: Caring, Community, Diversity, Honesty, Inclusiveness, Respect, Responsibility, and Stewardship.

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Photo: Wilderness First Responder Course