

SUGGESTED CAMPER PACKING LIST

(suggested for two weeks)

NOTE:

ADVENTURE TRIPS & ADVENTURE VILLAGE HAVE SEPARATE PACKING LISTS THAT CAN BE FOUND ONLINE AT FROSTVALLEY.ORG

Please pack appropriately for camp. Modest bathing attire is suggested. T-shirts should cover campers midriffs. Closed-toed shoes are required for active camp programs and walking about on rough terrain. Clothing with alcohol, tobacco, drugs, sexual content, or inappropriate language will not be permitted. Frost Valley will provide any sports equipment campers need for activities.

*required item

- | | | |
|---|--|--|
| <input type="checkbox"/> 7-10 masks
(disposable or cloth)* | <input type="checkbox"/> 1-2 heavy
sweater/jacket | <input type="checkbox"/> pencils/pens |
| <input type="checkbox"/> blanket &
sleeping bag* | <input type="checkbox"/> 2-3 sweatshirts | <input type="checkbox"/> toothbrush and paste |
| <input type="checkbox"/> warm blanket
(for when keeping
windows open
at night) | <input type="checkbox"/> 12 pairs socks | <input type="checkbox"/> shampoo |
| <input type="checkbox"/> 2 fitted &
2 flat sheets | <input type="checkbox"/> hat or cap | <input type="checkbox"/> sunblock |
| <input type="checkbox"/> 2 pillowcases | <input type="checkbox"/> raincoat or poncho | <input type="checkbox"/> water bottle (20 oz.) |
| <input type="checkbox"/> 1 pillow | <input type="checkbox"/> 2 bathing suits | <input type="checkbox"/> bug spray |
| <input type="checkbox"/> 1 laundry bag* | <input type="checkbox"/> hiking shoes/sturdy
shoes (already
broken in) | <input type="checkbox"/> 2 pairs pajamas |
| <input type="checkbox"/> 4 bath towels* | <input type="checkbox"/> sneakers
(2 pairs if possible) | <input type="checkbox"/> 10 t-shirts |
| <input type="checkbox"/> 6-8 shorts | <input type="checkbox"/> soap and soapbox | <input type="checkbox"/> 4 long sleeve shirts |
| <input type="checkbox"/> 4-5 jeans/long pants | <input type="checkbox"/> comb/brush | <input type="checkbox"/> barn shoes for
farm and horse camp
(if applicable) |
| <input type="checkbox"/> 1 belt | <input type="checkbox"/> flashlight* &
extra batteries | <input type="checkbox"/> closed toe water shoes
(Farm/EVR) |
| <input type="checkbox"/> 12 pairs underclothes | <input type="checkbox"/> postcards & stamps
with addresses | <input type="checkbox"/> several pairs of jeans
for horseback riding
(if applicable) |

OPTIONAL

(Bring them if you have them)

- camera (inexpensive or disposable)
- musical instrument (inexpensive)
- book (**NOT** digital book readers)
- white t-shirt (or something else to tie dye)