

PARENT CONNECTIONS

Everything you need to know about Day Camp



FROST VALLEY YMCA 2021 Day Camp

845-985-2291 • www.frostvalley.org
daycamp@frostvalley.org

2000 Frost Valley Rd., Claryville, NY 12725

DEAR PARENTS,

Welcome to another exciting summer of Day Camp at Frost Valley YMCA! We are so grateful you decided to have your children join us for our healthy, fun activities that will help them grow all summer long. This newsletter is an important source of information for your family as you prepare for camp. Information about meals, bus stops, camp forms and more can be found in the following pages. Please hold on to this as a reference until your children's session is completed. Should you have any other questions or concerns in the meantime, please do not hesitate to give us a call at 845-985-2291, ext 410. We'll see you soon!

In the Spirit of Camping,
Marina Esteve Wagstaff
Day Camp Director

COMMUNICATION

We value your feedback. Let us know if there is anything we can do to make Day Camp a better experience for you and your child. Our typical office hours are from 7:30 a.m. to 6 p.m. and camp staff regularly check voicemail messages. Please leave a clear message with your contact information, the best times to return your call and any contact numbers so that we can contact you as quickly as possible.

DAY AND HORSE CAMP:

Marina Esteve Wagstaff, Day Camp Director
(845) 985-2291 ext. 410
daycamp@frostvalley.org

Jessie Emmons,

Director of Youth Development & Innovation
(845) 985-2291 ext. 305
jemmons@frostvalley.org

REGISTRATION & FINANCIAL INFO:

Camp Registrar
(845) 985-2291 ext. 410
daycamp@frostvalley.org

HEALTH CENTER:

Dawn D'Auria, Health Care Administrator
(845) 985-2291 ext. 232
dauria@frostvalley.org

OUR GOAL

The goal of all of our camp programs is to help campers grow physically, mentally and spiritually within a natural camp setting, while at the same time providing challenging activities for groups, both large and small. All programs are run under the guidance of caring, well-trained staff members. Our various camps give children an experience that lasts a lifetime! This experience is grounded in the values of caring, community, diversity, honesty, inclusiveness, respect, responsibility and stewardship.

WHAT TO BRING (LOST & FOUND)

Camp is an active place, so campers will get dirty! Children should be dressed appropriately for comfort and safety. No open-toed shoes, please. Sneakers or comfortable, well-fitting laced shoes are best for footwear and required for most activities. **All items should be labeled with your camper's first and last name, so if an item is lost it can be easily returned.** If children come home with something that is not theirs, please return it the following day so we can find its rightful owner. Frost Valley YMCA is not responsible for lost or damaged items. *Please remember to apply sunscreen to your campers and send extra so we can reapply it as needed throughout the day.

ITEMS TO BRING EVERY DAY:

- Backpack / bag to carry camper belongings
- Swimsuit & towel
- Water bottle
- Sunscreen*
- Light raincoat and/or sweatshirt in case of inclement weather
- Campers aged 4-6 please pack a full change of clothes with extra underwear
- Cloth Face Masks (2)
- Hand Sanitizer
- Horse Campers: long pants and sturdy shoes must be worn daily

ITEMS NOT TO BRING:

- Expensive clothing
- Open-toed shoes
- Electronics such as cell phones, tablets etc.

PERSONAL PROPERTY POLICY

At no time are alcohol, cigarettes, illegal drugs, drones and weapons (including pocket and hunting knives) allowed on camp by campers or summer camp staff. These items are considered contraband. Violations will result in **immediate dismissal**.

Please leave personal sports equipment home, including but not limited to bats, hockey sticks, skateboards and scooters. At no time are campers or summer staff allowed to have pets at camp. Lastly, campers may not drive themselves to camp and must arrive with an adult or on a chartered camp bus.

TECHNOLOGY POLICY & YONDR POUCH

We are really encouraging our campers to unplug this summer. Please do not send your child with electronics to camp. We are not replacing any lost, missing, or broken electronics since we have warned families not to bring them to camp.

If your camper still arrives with a phone, a digital book reader, or a device that is capable of sending messages, we will be placing them in Yondr pouches until the end of the day. Learn more about Yondr here: www.veryondr.com/howitworks

If they do not fit in a Yondr pouch, we will ask that the camper's parent or guardian pick up the device in person from the Camp Director's office after Check-In has completed.

COVID-19 FAQs

Please visit our website at: www.frostvalley.org/day-camp-covid-19-faqs

To read all of our COVID-19 prevention protocols.

ARRIVAL AND DISMISSAL AT CAMP

These rules are for your child's safety:

- Parents are required to stay in their vehicles at all times during the drop-off/pick-up procedures.
- Masks are required for any persons over the age of 2 during arrival and dismissal.
- Campers will not be released to anyone under the age of 18!
- Camp's scheduled hours are from 8:30 a.m. - 4:30 p.m.
- Campers may not be dropped-off on the YMCA premises more than five minutes before camp hours begin and must be signed in with the day camp staff. All campers must be signed out by 4:45 p.m.
- Families must follow all COVID-19 protocols during drop-off/pick-up from Camp. These can be found under COVID-19 prevention protocols.
- At 4:45 p.m., campers remaining in our care will remain at the Day Camp tent to await your arrival in the presence of Frost Valley administrative staff. We will make every effort to contact families to make sure someone is on the way to pick up your camper. This is not a provided service and is meant for emergencies only. Repeated tardiness will result in late camper fees.
- Parents may not leave campers unattended anywhere on the camp property regardless of their age.

PLEASE NOTE!

When you register your child, you should **list all adults who have your permission to pick-up your child**. Our staff will **not** release your child to anyone but those individuals. Campers will not be permitted to go home without being signed out by an authorized adult. When you arrive to pick up your camper, please bring your photo ID. Please be patient if they ask more than a few times to see it until they get to know you. If you wish to make different arrangements on a given day (like a play date or a visit with Grandma), we must have a written note stating with whom your child will be going home. Please be sure to tell that person to bring photo ID!

SUMMER DAY CAMP BEHAVIOR MODIFICATION PLAN

HATE SPEECH

At Frost Valley, we celebrate diversity and differences whether race, gender, religion, sexual orientation, or anything else. We expect our campers to display the same respect for others. We take hate speech or harassment very seriously and campers may be subject to disciplinary action.

DISCIPLINE POLICY

Frost Valley YMCA's discipline policy is designed to help children develop self-control and assume responsibility for their actions. Clear and consistent, age-appropriate rules and limits are established at camp. As in any group activity, inappropriate behavior by one or two children can spoil the experience for the entire group. Staff will deal with normal day-to-day behavior issues using acceptable techniques and approaches, such as:

- Redirecting campers
- Rewarding positive behavior
- Encouraging campers to talk about their feelings
- Role modeling how to speak and interact with campers in a positive manner
- Implementing time out when appropriate

Any disciplinary measure used will relate to the child's specific actions and will be handled in a timely fashion. No physical punishment, humiliation, scare tactics, or controlling measures shall be allowed. Methods associated with food deprivation or extended isolation are not permissible.

WHEN A CHILD'S BEHAVIOR:

- Seriously disrupts group interaction
- Is likely to result in harm to themselves or others
- Is likely to result in property damage
- Involves any physical interaction with campers and/or staff
- Is chronic and/or extreme
- Involves bullying, teasing or emotional taunting of others

It may be necessary to separate the child until he/she is able to regain control and rejoin the group.

If a child's behavior is chronically disruptive, even after reasonable measures have been made to assist the child in adjusting to the camp setting, parents will be contacted by their child's Camp Director to determine if the child is able to continue at camp. Staff will always work toward developing a cooperative plan of action to maximize a camper's chances of success at summer camp. Frost Valley YMCA believes that an individual program cannot always meet everyone's needs. If disruptive behavior continues, it may be determined that the camper and the program are not necessarily well suited for each other. **FROST VALLEY TAKES ALL FORMS OF BULLYING SERIOUSLY AND ON A CASE-BY-CASE BASIS.**

ANY CAMPER WHO IS INVOLVED IN ANY PHYSICAL ALTERCATIONS WITH ANOTHER CAMPER WILL BE SENT HOME FROM CAMP IMMEDIATELY.

At this time the camper may be terminated from the camp program. The following guidelines are used for disciplinary action:

FIRST PHONE CALL to parent/guardian:

- Official warning of child's behavior
- Plan of action for camper (warning of possible dismissal if camper continues to exhibit disruptive behavior)

SECOND PHONE CALL to parent/guardian:

- Final warning and/or dismissal from camp program

THIRD PHONE CALL to parent/guardian (if applicable):

- Dismissal from camp program

Frost Valley YMCA and staff reserve the right to immediately send home a camper from the Summer Camp Program. Chronic and/or extreme behavior may warrant dismissal and is at the discretion of the Camp Director.

Campers dismissed from the camp program may not be eligible to return to Frost Valley YMCA camp programs.

CAMP TUITION IS NON-REFUNDABLE AND WILL NOT BE PRORATED.

COVID-19 PREVENTION PROTOCOLS

Drop Off/Pick Up

- Campers who ride the bus will have their temperature checked before being allowed on the bus
- Adults are required to stay in their vehicles. This will allow for physical distancing during pick up/drop off. Parents/guardians will stay in their cars the whole time.
- CDC guidelines recommend limiting the number of adults who pick-up/drop off campers. Families should designate 1 adult to do all transportation per family.
- Parents/Guardians will be required to wear masks during pick up/drop off while at camp.

Social Distancing and Face Masks/Coverings

- All CDC guidelines for social and physical distancing will be implemented.
- Masks will be worn by all staff when inside or riding the bus.
- All campers must bring their own face masks/coverings (2) to camp.
- Face masks/coverings will be worn by campers as necessary when inside or riding the bus.
- Camp groups will have no more than 12 kids per group.
- There will be no large group gatherings such as overnights or camp family nights.
- All campers must pack their own lunch. No foods that require heating are permitted. If your child's lunch needs to be kept cold, please pack an ice pack. No refrigeration will be available at camp. Please do not pack any items containing nuts. Frost Valley YMCA is a nut-free facility.
- There will also be no "traditional" waterfront programming. Other water activities such as sprinklers, sponges, water balloons, etc will be made available each day. Please send your child with a bathing suit, towel, and a change of clothing for water games. Kids will swim but not every day. They will alternate between the lake and other water activities listed above.
- Camp activities will take place outside, in the open air, except during unsafe weather conditions. Camper groups will then have designated indoor spaces.

Daily Health Screenings

- Temperature Check - Temperatures will be taken 2 times per day. Any camper with a temperature of 100 degrees or higher will not be permitted to attend camp until they have been fever free for 72 hours without the use of fever reducing medication.
- Any camper experiencing the following symptoms will not be permitted to attend camp: fever, sore throat, cough, runny nose, or lethargy.
- If your child develops a temperature greater than 100 degrees Fahrenheit or is showing signs/symptoms of illness (cough, sore throat, runny nose, lethargy) while at camp, they will be quarantined/isolated at the Wellness Center. Parents/guardians are required to pick up their child as soon as possible.

Hand Washing/Sanitizing

In the interest of protecting public health:

- Hand washing will be required after each activity.
- Hand Sanitizer will be readily available around camp.
- Frost Valley uses cleaning products and protocols which meet EPA guidelines and are approved to be effective against COVID-19 in addition to other viruses, bacteria and other airborne/blood borne pathogens. Public spaces as well as camp materials/equipment will be disinfected.
- In the instance that a camper (or staff member) is diagnosed with COVID-19 while enrolled in camp or within 14 days of being at camp, the Camp will close for at least 72 hours for additional cleaning and sanitizing. The campers who were in immediate contact with the infected camper must self-quarantine for 14 days from the date of notification. A credit will be issued to those families affected.

HEALTH & SAFETY

A full nursing staff and EMT are on duty at Main Camp at all times.

Health Forms, as **REQUIRED BY LAW**, must be filled out **ELECTRONICALLY**. Once you have registered for Day Camp you should have received a link to CampDoc in your email. Please upload your child's most recent physical. It is mandatory to enter all immunization dates for your child or upload an exemption waiver to the health profile. **Your child cannot start camp without this vital documentation.** Please do not forget to tell us if your child has a special need or allergies. If your child requires medication during camp, you must follow the CampDoc medication procedure on their website. **Any prescription medication MUST have approval through our Wellness Center.**

For questions or issues using CampDoc contact help@campdoc.com or call 1-734-636-1000.

The physician statement should include that it is permissible for the child to self-administer the medication in the presence of the camp EMT or Nursing Staff. **Campers are not permitted to keep over-the-counter medications on their person.** Medication must be turned in to the camp staff.

Please do not send your child to camp if he or she was ill the night before or morning of camp. If your child contracts a contagious illness during the camp session, please notify the Camp Director at extension 410 so we may notify other parents. Frost Valley YMCA is inspected by the Ulster County Department of Health. Copies of the inspector's reports are kept at both the camp office and the Ulster County Department of Health Services.

Documentation of two doses of the MMR vaccine or proof of immunity is required (with rare exceptions) by the Department of Health in several counties. This applies to campers, staff, and volunteers. If you have any questions, please contact our healthcare administrator at 845-985-2291 ext. 232

LATE FEES & CANCELLATION POLICY

The balance of camp fees are due on or before June 1, 2021. Please understand that reserved space may **not** be held past June 1, 2021 without full payment. Any outstanding balances are subject to a 1.5% monthly finance charge.

REFUND/CANCELLATION POLICY: A full refund is available if canceled by May 1, 2021. A full refund less a \$50 deposit (per session, per camper) is available if canceled before June 1, 2021. No refunds if canceled after June 1, 2021. **ALL CANCELLATIONS MUST BE RECEIVED IN WRITING. NO REFUNDS WILL BE GIVEN FOR DISMISSAL DUE TO BEHAVIOR.**

ABSENTEE PROCEDURE

If your child will be unable to attend camp for any reason, please call (845) 985-2291 ext. 410 or email daycamp@frostvalley.org to let us know. If your child does not come to camp and we have not heard from you, we will call to confirm that your child is not attending camp.

TRANSPORTATION

Campers utilizing the bus service should be at their pick-up point 5-10 minutes before schedule. Parents must wait with their children and must be at return points when the bus arrives. A Frost Valley YMCA staff member will supervise the release of all campers. If you miss the bus returning home, please proceed to the next stop. If you missed the bus altogether, please proceed to the Rolling V Bus Garage in Neversink on Route 55. For Bus 3, your child will be returned to the Frost Valley YMCA Welcome Center. Campers will wait with a staff member until they are picked up. **For the safety of all concerned, discipline problems on any vehicle will not be tolerated and will result in termination from using the bus or the program.**

Personal Vehicle

LOCATION

Day Camp Parking Lot

Drop-Off / Pick-Up

8:30am / 4:30pm

Bus Routes

BUS 1

Ellenville Elementary School
Woodbourne Church
Neversink Town Hall, Grahamsville

Pick-Up / Return

7:45am / 5:30pm
8:05am / 5:10pm
8:25am / 4:50pm

BUS 2

Liberty Elementary School
Rolling V Bus Garage
Claryville Church

8:00am / 5:00pm
8:20am / 4:40pm
8:40am / 4:30pm

BUS 3

Big Indian Park

8:30am / 4:50pm

NECESSARY BUS SERVICE CHANGES WILL BE COMMUNICATED VIA TELEPHONE. PLEASE MAKE SURE THAT YOU PROVIDE US WITH THE BEST PHONE NUMBER TO REACH YOU.

TIPPING & GRATUITIES

As a non profit organization and member of the American Camp Association (ACA), we do not expect or accept tipping of our staff. If you appreciate the service your child receives at Frost Valley YMCA, we recommend that you make a contribution (in the staff member's honor) to our Camp Scholarship Fund. Contributions may be sent to our camp office or given to the Camp Director. You can also make a gift online at www.frostvalley.org/donate

Find information on New York State charities by calling the Attorney General's Office at 1-800-771-7755 or visit www.CharitiesNYS.com

JUULING/VAPING POLICY

It is Frost Valley's policy that Juuls or other vaping devices are forbidden on camp by campers and summer camp staff. These items are considered contraband. If a camper is found with a JUUL or Vape device, they will be subject to immediate dismissal from camp. This Vaping policy is in conjunction with our mission to promote healthy living at camp. As such, camp is also a drug, alcohol, tobacco, and weapon-free zone as well.

LUNCH & SNACK TIME

Day Campers are required to provide their own lunches every day. Campers will not have access to refrigeration or a microwave, so please pack meals accordingly. Also, Frost Valley YMCA is **100% NUT FREE** so please do not pack a lunch that includes any nut product or item that is made with nuts.

Frost Valley YMCA will provide snack each afternoon. Snacks include popcorn, granola bars, chips, and more. If your child has any dietary restrictions, please make sure to note them in your camper's CampDoc forms.

CAMPER PHOTOS

To see photos of your camper, and read stories of their adventures on our blog, please go to www.frostvalley.org/connect-to-your-camper and click on day camp photos.

Access to camp photos is available for FREE at www.frostvalley.smuqmug.com. A password will be given at a later date. Please visit www.frostvalley.org for more information.

CAMP GROUPINGS

Day Groups remain the same throughout Frost Valley YMCA's camp programs. All campers are placed in groups of 12 with two staff members assigned to each group. Day groups are made up of age specific groupings. Frost Valley's program is progressive by nature, therefore grouping of campers by birth date is required.

Making new friends is an essential part of the camp experience and day group assignments are the key to creating a positive camp environment. Frost Valley YMCA places campers in day groupings based on the following criteria:

1. An exclusively mutual request made by **TWO CAMPERS** who are in the same grade. Only one request permitted per camper.
2. Age (less than 12 months apart) or grade.

If campers more than 12 months apart request to be together, please know we can rarely accommodate this, but please feel free to contact us.

Frost Valley YMCA will make every effort to honor special requests for group mates, but due to the number of campers registered per session we DO NOT guarantee placement.

CONTACT US:

EMAIL: daycamp@frostvalley.org PHONE: 845-985-2291 ext. 410