



# FROST VALLEY YMCA 2024-2025 TEAM BUILDING RATES

TEAM BUILDING PROGRAMS	DAY 2-3 PROGRAM PERIODS	1 NIGHT 3-4 PROGRAM PERIODS		2 NIGHT 4-6 PROGRAM PERIODS		OUTREACH	
		REG.	SCH/ N-P	REG.	SCH/ N-P	REG.	SCH/N-P
<b>RATE TYPE:</b> Regular or School/Non-Profit	REG.	REG.	SCH/ N-P	REG.	SCH/ N-P	REG.	SCH/N-P
<b>TIER 1</b>	<b>\$125</b>	<b>\$600</b>	<b>\$480</b>	<b>\$750</b>	<b>\$600</b>	<b>\$1000</b> 20 people plus travel expenses	<b>\$600</b> 20 people plus travel expenses
<b>TIER 2</b>	<b>\$93</b>	<b>\$436</b>	<b>\$345</b>	<b>\$544</b>	<b>\$456</b>		
<b>TIER 3</b>		<b>\$291</b>	<b>\$231</b>	<b>\$363</b>	<b>\$304</b>		

### TIER 1:

- Pre-trip consultation
- Upscale meal in private dining area, coffee and snack bar
- Exclusive use of conference center
- Lodging in Lakeview, Castle, or Friendship House (N/A for day)

### TIER 2:

- Pre-trip consultation
- Lodging in Lakeview, Castle, or Friendship House (N/A for day)

### TIER 3:

- Pre-trip consultation
- Lodging in Cabins or Lodges (N/A for day)

TEAM BUILDING OPTIONAL ADD-ONS	
<b>SINGLE ROOM UPGRADE</b>	<b>\$85 per person</b>
<b>UPSCALE SANDWICH MEAL</b> Includes an assortment of sandwiches, potato salad, pasta salad, chips, and cookies on a tray	<b>\$16 per person</b>
<b>BAG LUNCH TO-GO</b> Includes sandwich, chips, fruit, granola bar, and drink	<b>\$13 per person</b>

**Let Us Help You Plan Your Perfect Team Building Retreat!**

**ADDRESS** 2000 Frost Valley Rd, Claryville, NY 12725 **TEL** 845-985-2291 x 450 **EMAIL** [reservations@frostvalley.org](mailto:reservations@frostvalley.org)

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