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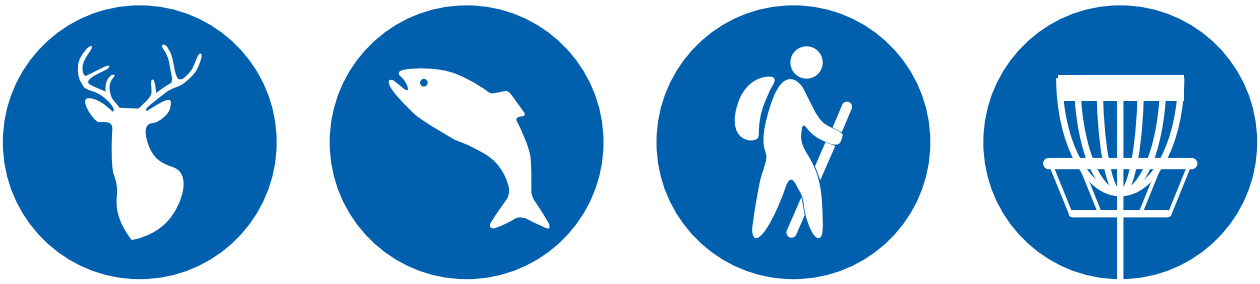
FROST VALLEY YMCA Outdoor Sporting Program

2026 Season Rules & Regulations

Hunting, Fishing, Trail Use, and Disc Golf



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The Outdoor Sporting Program is dedicated to the responsible stewardship of our natural resources (water, wildlife, forests, and soils) and to the personal growth that results when individuals spend quality time in the outdoors. These programs also incorporate and encourage members to uphold Frost Valley's core values. We are: inclusive and diverse, caring and connected, honest and respectful, responsible and accountable.

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TEL 845-985-2291
WEB www.frostvalley.org

SECTION 1: GENERAL INFORMATION AND RULES

1. All Sporting Programs begin April 1st and end March 31st.
2. Program Participants must wear a current ID badge and clearly display a Frost Valley parking permit on the rear-view mirror of their vehicle while parked on Frost Valley property.
    a. To aid in patrolling the property, please report any trespassers or vehicles without parking passes to the Natural Resources Director or the Front Desk (Staff parking passes are green with the words "Frost Valley YMCA Staff" and are located in the bottom corner of the windshield on the passenger side of the vehicle).
3. Definitions of Outdoor Sporting Program terms used by Frost Valley:
   Trail Use: Hiking, snowshoeing, cross-country skiing, wildlife observation, photography and disc golf. All other uses are prohibited under this program.
   Fly Fishing: Rod and line angling with the use of an artificial fly or other lightweight lure.
   Hunting: To pursue, or assist another in the pursuit of, wildlife with the intent of killing and harvesting.
4. Hunters, Anglers, and Trail Users must park in the designated areas indicated on the Frost Valley YMCA Sporting Zone Maps. To access the disc golf course, you must park at the Welcome Center Parking Lot. If the main entrance gate is closed please park in the horse barn parking lot across the street.
5. Participants are encouraged to visit the Outdoor Sporting Program Kiosks. These are indicated on all of the Outdoor Sporting Program maps. These kiosks display large printed versions of the Outdoor Sporting maps. The kiosks may, at times, display bulletins with relevant information for people utilizing the property.
    a. The West Valley Kiosk is located on the front left side of the horse barn/ski center.
    b. The East Valley Kiosk is located across the road from the small white building near the Frost Valley Farm.
6. Participants are responsible for notifying a family member, friend, or other responsible person of their whereabouts when at Frost Valley YMCA, including: location on Frost Valley property, when they plan on returning, and to what location. The contact person should also be prepared to contact Frost Valley YMCA if they do not return at the predetermined time and location. Please be advised that Frost Valley YMCA is closed at certain times. If the main offices are closed or Frost Valley staff cannot be reached for any reason, Emergency Services (911) should be contacted directly.
7. Use of motorized equipment is prohibited, including chainsaws, boats, ATVs, snowmobiles, dirt bikes etc.
    a. Exception: Authorized ATVs (see part G. under Hunting)
8. Biking is prohibited on all Frost Valley trails.
9. Wildlife harassment or the destruction of habitat is prohibited.
10. Unauthorized harvesting of plants or fungi is prohibited.
11. Overnight camping is prohibited without approval from the Natural Resources Director.
12. All participants are asked to assist in monitoring and reporting unauthorized access to the property.
13. This program does not grant use of any Frost Valley buildings or facilities in the developed areas of the camp property unless the participant is a registered overnight guest.
    a. Exception: The Welcome Center may be entered to use restrooms or the emergency phone.
14. Please consider the Leave No Trace seven principles©. For more information, visit: www.lnt.org/learn/7-principles
    a. Plan ahead and prepare.
    b. Travel on durable surfaces.
    c. Dispose of waste properly.
    d. Leave what you find.
    e. Minimize campfire impacts.
    f. Respect wildlife.
    g. Be considerate of other visitors.
15. Be aware that some Frost Valley YMCA lands border private property. This program does not grant permission to trespass. It is the responsibility of each participant to recognize boundaries and avoid trespassing.
16. Firearms are prohibited on Frost Valley property.
    a. Exception: When being used for authorized hunting.
17. Pets are not permitted on Frost Valley land.
18. Only Frost Valley registered guests, Outdoor Sporting Program Participants, and staff are permitted to access Frost Valley land. All trespassers will be prosecuted.
19. Criminal background checks are conducted annually for all participants 18 years of age and older.
20. Alcoholic beverages are prohibited on Frost Valley property.
    a. Exception: Alcohol is permitted within a lodging space if registered as an overnight guest.
21. Violations of Frost Valley YMCA Rules and Regulations will result in the revocation of program privileges without refund.

SECTION 2: TRAIL USE

A. HIKING, SNOWSHOEING, WILDLIFE OBSERVATION, AND PHOTOGRAPHY GENERAL INFORMATION AND RULES

1. Trail users are strongly encouraged to use trails during daylight hours only.
2. Trail users found with hunting or fishing equipment will have their privileges revoked without refund.
    a. All hunters and anglers wishing to use Frost Valley property to access bordering properties must join the Hunting and/or Fishing Programs.
3. Trail users who wish to snowshoe on Frost Valley property must provide their own equipment.
4. Trail users may bring one guest per day visit for an additional activity fee of $10, payable at the Welcome Center upon checking in. During the summer months when summer camp is in session (6/28/26–8/21/26) advance notice must be given (minimum 10 business days) to the Natural Resources Department before any guest is brought on to camp property. The guest will be subjected to a background check. Guests must register at the Welcome Center. They will be given a guest name tag to wear, which must be returned prior to departure. Trail users are responsible for the conduct of their guest and the guest must remain in sight of the registered Trail User at all times.
5. Please be aware that Frost Valley Property borders private property in some locations. It is the responsibility of each Trail user to recognize boundaries and to avoid trespassing. Hiking maps provide a general reference for property boundaries. If an area is in question, please contact the Director of Natural Resources for clarification.
6. Registered guests have access to use the Frost Valley trails for the duration of their stay. They can be identified by wearing a colored wristband with "Frost Valley Rocks" printed on it.

B. CROSS-COUNTRY SKIING GENERAL INFORMATION AND RULES

1. Frost Valley trails are open to skiing from December through March, conditions permitting.
2. Current snow conditions are available by calling the Front Desk during regular office hours: (845) 985-2291 ext 200. Or by checking the Claryville NYS Mesonet site, located on Frost Valley property: nysmesonet.org
3. Registered guests who have paid a day skiing fee and rental fee have access to use the Frost Valley cross-country ski trails.
4. Trail users must bring their own equipment. All ungroomed trails are designated as backcountry trails. Most trails are not groomed or patrolled. Signing in is not required. Ski at your own risk.

C. DISC GOLF GENERAL INFORMATION AND RULES

1. Parking to access the Disc Golf Course is only allowed at the Welcome Center or Horse Barn Parking Lot.
2. The course may be used by Frost Valley YMCA registered guests, and all participants of the Outdoor Sporting Program.
3. Trail users playing disc golf may bring their own discs or rent discs for a returnable deposit.
    a. Lost disc fees will be taken out of the deposit.
    b. Rented equipment must be returned to the Welcome Center by 5:30pm.
    c. Equipment is available for purchase at the Frost Valley Store located in the dining hall.
4. Frost Valley YMCA is not responsible for the loss or damage of equipment.
5. The course goes through uneven forested terrain. Hiking boots with good ankle support are the recommended footwear for use on the course. Use of the course is at your own risk.
6. Smoking is prohibited on the Disc Golf Course.
7. Registered guests have access to use the Frost Valley Disc Golf Course for the duration of their stay. They can be identified by wearing a colored wristband with "Frost Valley Rocks" printed on it.

D. DISC GOLF SEASONS

1. Open to use when conditions permit.
2. Closed during the regular (rifle) season for big game hunting (dates can be seen in Hunting Seasons section)

SECTION 3: HUNTING

A. HUNTING REGULATIONS

1. Frost Valley YMCA hunters are required to abide by all NYS DEC hunting regulations and Frost Valley YMCA's additional regulations. Violation of any Frost Valley regulations will result in immediate revocation of hunting privileges without refund. Violations of NYS DEC regulations will result in revocation of hunting privileges and will be reported to Environmental Conservation Police.
2. NYS DEC hunting regulations can be reviewed in the New York Hunting and Trapping Guide provided when purchasing hunting licenses or online at: www.dec.ny.gov
3. All of Frost Valley YMCA's property is located within NYS DEC's WMU 3A, which has an antler point restriction. This requires that any antlered deer harvested must have at least one (1) antler with three (3) or more points that are at least one inch long.
4. Hunting is restricted to legal hours as indicated in the New York Hunting and Trapping Guide or online at: www.dec.ny.gov
5. All Frost Valley Hunters must display their Frost Valley ID Badge while hunting on Frost Valley property. Frost Valley ID badges may be pinned to clothing or displayed in a backtag holder.
6. All Hunters must wear a blaze orange hat or vest that is visible from all directions while hunting on Frost Valley YMCA land during firearm seasons.
7. **Under no circumstances may a guest be brought to hunt.** Registered guests that are not Hunting Program Participants are not permitted to hunt on Frost Valley property. Any person hunting on Frost Valley YMCA property must be an approved Hunting Program participant.

B. HUNTING GENERAL INFORMATION AND RULES

1. Hunting on Frost Valley YMCA property is limited to Frost Valley Hunters with a valid license from New York State's Department of Environmental Conservation and any additional stamps or privileges required for participating in desired hunting seasons.
2. Sponsorship from a full time Frost Valley YMCA Staff Member is required to become a Frost Valley Hunter. Sponsorship can be granted by passing an exam and interviewing in person with the Natural Resources Director.
3. During hunting camp a hanging station will be provided for the use of hunters registered as overnight guests at hunting camp. With the exception of hunting camp, game may not be hung on Frost Valley property.
4. Locations open to hunting are set to reduce conflict with other Frost Valley programs. Sporting Zone Maps are produced at the beginning of each season to indicate authorized hunting areas, parking locations, and trails (blazed and unblazed). Hunters must reference these maps at the kiosks to determine open and closed areas.
5. It is the responsibility of the hunter to track any game injured due to hunting to the best of their ability. Any injured game not found must be reported to the Director of Natural Resources as soon as possible. If the injured game enters a closed hunting zone, the hunter may not bring a firearm into the closed zone.
6. Do not hunt unless you have the means to remove your take from the woods. It is the responsibility of the hunter to remove game once taken.
7. **New Hunters** must participate in an orientation given by a member of the Natural Resources Department Staff. Contact the Natural Resources Department to schedule the orientation.

C. REPORTING HARVESTS AND SIGHTINGS

1. **Any wildlife harvested on Frost Valley YMCA property must be reported to the Director of Natural Resources using an official harvest report form. This must be completed within 48 hours of the harvest.** All appropriate statistics should be included on the report (hunter name, species, sex, weight, estimated age, antler points, beard and spur length, weapon, location, etc.).
    a. Harvest Report Forms are available at the Outdoor Sporting Program Kiosks. These may be completed at and left in the kiosk.
    b. Hunters may report their harvest to the Director of Natural Resources by email or phone as long as all statistics are provided.
2. Frost Valley Hunters are encouraged to provide photos of buck harvests for record keeping.

D. AREAS OPEN TO HUNTING AND HUNTING ZONE INFORMATION

1. Hunters may not pass through a closed zone while carrying a firearm. Nor may a hunter transport a harvested game animal through a closed zone.
2. ATVs are prohibited in closed zones.

3. Hunting zones 1, 2 and 14 are closed EXCEPT when notified by the Director of Natural Resources. Dates for opening these zones are announced via email prior to the start of the regular big game season.
4. Hunting is not permitted within 500 feet of property roads, buildings, program areas, developed areas, or pastures containing horses.
5. Hunting is not permitted within 200 feet of public roads. New York State Law prohibits the discharge of a firearm, bow or crossbow so that the load or arrow passes over any part of a public highway.
6. Please Note: Some Frost Valley YMCA property borders private property. Hunters should be aware of where they are hunting at all times and be respectful of the rights of private landowners. Participation in Frost Valley's Outdoor Sporting Program does not give hunters the right to trespass on private property. It is the hunter's responsibility to know authorized hunting zones on Frost Valley YMCA properties and their relation to private land before accessing these areas.

E. TREE STANDS AND GROUND BLINDS

1. Permanent tree stands or any tree stand that damages a tree or requires fasteners be inserted into a tree are prohibited.
    a. Straps and all bolts/screws for stands should be inspected and retensioned annually.
2. Temporary ground blinds are permitted, including:
    a. Pop up, tent-style blinds
    b. Blinds constructed from down tree limbs
        i. These must be removed within 1 week of the conclusion of the late muzzleloader/bow season.
3. Permanent ground blinds are prohibited, including, but not limited to:
    a. Blinds constructed from dimensional lumber
    b. Pop up, tent-style blinds affixed to a platform
    c. Blinds constructed from cut vegetation/trees
4. **All stands and blinds must display a tag at eye level specifying the owner's name.** This tag should be updated annually to ensure that it is readable. Stands not identified will be confiscated. Locks holding stands in place will be cut if necessary.
5. **Hooks or other gear-hanging devices that must be screwed, hammered, or otherwise inserted into a tree are prohibited.** Please use a strap around the tree to hang gear.
6. Hunters may cut limbs not greater than two inches in diameter and not farther than twenty-five yards from a tree stand with a hand tool for purposes of clearing shooting lanes. The use of chainsaws is prohibited. Any vegetation removed for shooting lanes should be cut flush with the vegetation's main stem.
7. Please Note: Frost Valley has a "No claiming of spots" policy. Therefore, the hanging of a tree stand in a particular area does not grant the owner any exclusive claim to that area for hunting. If you want to hunt a specific area, you must get there before other hunters, even if the other hunters do not have a tree stand in that location.
8. Hunters may not use someone else's tree stand without permission.

F. HUNTING WEAPONS

1. When not in use, all hunting weapons must be locked in a vehicle.
2. New York State Law requires that they be unloaded and out of sight while inside a vehicle.
3. Hunting weapons are not allowed in Frost Valley YMCA buildings.

G. ATV USE AND DEFINITIONS

1. Personal All-terrain Vehicles (ATVs) and Multipurpose Off-Highway Utility Vehicles (MOHUVs) (a.k.a. UTVs or Side-by-Sides) are allowed for access only and are permitted on a limited number of designated trails to encourage hunting in remote areas.
    a. All other personal vehicles, such as trucks, cars, snowmobiles, dirt bikes, etc. are prohibited from operation on any Frost Valley YMCA trails.
2. In order to operate an ATV at Frost Valley, Hunters must submit a copy of the registration and proof of insurance to the Director of Natural Resources.
3. Trails open to ATVs are noted on the hunting maps with a green highlight. All other trails are closed to ATV use. All trails may be used by Frost Valley Staff for patrol and maintenance purposes.
4. Frost Valley defines ATVs using the American National Standards Institute (ANSI) definition: a motorized vehicle that travels on low pressure tires, with a seat that is straddled by the operator, and with handlebars for steering control.
5. Frost Valley defines MOHUVs using the Outdoor Power Equipment Institute (OPEI) definition: vehicles with: four or more wheels, a steering wheel, non-straddle seating, and maximum speeds between 25 mph and 50 mph. In addition, MOHUVs have foot controls for throttle and braking, occupant restraints, and rollover protective structures.
6. ATV hereafter refers to MOHUVs as well as ATVs.

H. ATV RULES AND REGULATIONS

1. **Recreational riding is not allowed. If you wish to use an ATV outside of the big game hunting seasons, you must first get approval from the Natural Resources Director.**
2. ATVs are prohibited in zones 1, 2 and 14 while the zones are closed to hunting.
3. ATVs are restricted to designated trails and parking areas, which are noted on hunting maps. ATVs may not leave trails to aid in dragging game out. Parking areas are designated with a sign. Riding ATVs in any other location on the property will result in revocation of program privileges without refund.
4. All ATV users are required to abide by New York State Law, Article 48-C, Rules for Operation of ATVs. This requires that helmets be worn while operating, prohibits operating ATVs on paved roads, and states that no one shall operate an ATV within one hundred feet of a dwelling between midnight and six a.m., at a speed greater than the minimum required to maintain forward movement of the ATV.
5. ATVs shall be one-person vehicles. No passengers.
6. Only MOHUVs with 4 tires and a single row of seats are permitted.
7. MOHUVs may only carry the number of people for which it has seat belts. Seat belts must be worn while in operation.
8. It is the responsibility of each hunter to know which trails are open for ATV use.
9. Slow speed operation is mandatory to protect the integrity of Frost Valley's trails and to prevent impacting the experience of fellow sporting program participants.
10. If a trail is not passable due to trees across the trail which requires a chainsaw to be removed, report this to a member of the Natural Resources Staff to be taken care of. The trail will be closed from the point where it is not passable. Any participant found with a chainsaw will have their privileges revoked without refund.
11. If erosion or adverse trail damage occurs, trails will be closed. Please notify the Director of Natural Resources if you encounter areas of trail which display this.
12. ATVs may never be used to pursue, chase, or harass wildlife.
13. Frost Valley YMCA is not responsible for injury, or any damages caused to ATVs. Use at your own risk.

I. FROST VALLEY HUNTING SEASONS

Frost Valley lands are open to hunting during the seasons listed below only.
***Please notify the Natural Resources Director if you plan to hunt one of the youth seasons.**
It is the responsibility of each hunter to know where these zones are located.

HUNTING SEASON	DATES*	CLOSED HUNTING ZONES*
*Spring Youth Turkey (12–15 year olds)	4/25/26 – 4/26/26	1, 2 & 14
Spring Turkey	5/1/26 – 5/31/26 (½ hour before sunrise until noon)	1, 2 & 14
Early Bear	9/12/26 – 9/27/26	1, 2 & 14
Fall Turkey	Refer to DEC Guide for Dates	1, 2 & 14
Early Bowhunting (Deer & Bear)	10/1/26 – 11/20/26	1, 2 & 14
*Youth Firearms (Deer)	Refer to DEC Guide for Dates	1, 2 & 14
Regular Season (Deer & Bear)	11/21/26– 12/13/26	1, 2 & 14
Late Bow & Muzzleloader (Deer & Bear)	12/9/26 – 12/17/26	1, 2 & 14
Holiday Hunt (Deer only)	12/26/26 – 1/1/27	1, 2 & 14

Please Refer to DEC Guide for dates of all hunting seasons you plan to participate in. Dates published by New York State may have changed since this book was printed. Due to potential conflict with other Frost Valley programs, zones 1, 2 & 14 will remain closed unless notified by the Director of Natural Resources. *Zone closures and season dates are subject to change. Hunters may be notified in the event of any changes. The Frost Valley YMCA property is entirely in Wildlife Management Unit (WMU) 3A for NYS DEC Hunting Zones. Please note this for tagging your game.

SECTION 4: FLY FISHING

A. FISHING REGULATIONS

1. Frost Valley YMCA anglers are required to abide by all NYS DEC fishing regulations and Frost Valley YMCA's additional regulations. Violation of any Frost Valley regulation will result in immediate revocation of fishing privileges without refund. Violations of NYS DEC regulations will result in revocation of fishing privileges and will be reported to Environmental Conservation Police.
2. All anglers are required to possess a valid NYS fishing license.
3. NYS DEC fishing regulations and seasons can be reviewed in the New York Freshwater Fishing Guide provided when purchasing fishing licenses or online at: www.dec.ny.gov
4. **All fish harvested from Frost Valley waters must be reported in one of the Outdoor Sporting Program Kiosks.** Anglers are encouraged to report fish caught and released.
5. Fly fishing is the only method of angling allowed in Frost Valley waters.
    a. Exception: Lake Cole and White Pond fishing preserves
6. While fishing in the Neversink and its tributaries, Frost Valley YMCA requires anglers to practice catch-and-release on all brook trout.
7. Brown trout may be harvested.
    a. For harvesting brown trout, please refer to the NYS Freshwater Fishing Guide for daily limits and size restrictions.
8. In order to prevent the spread of invasive species, anglers are required to clean their waders and boots with 2% bleach or Spray Nine solution if their equipment has been used in streams or rivers other than the Neversink and its tributaries.
9. Ice fishing is not permitted, unless participating in programming with a Frost Valley Staff member (day use or weekend program fees will apply to participate in this).

B. WATERS OPEN TO FISHING

1. The West Branch of the Neversink River and its tributaries as posted by Frost Valley.
    a. Anglers should refer to supplied maps of Frost Valley YMCA property as a general guideline to Frost Valley waters available for fishing.
    b. From the red steel logging bridge at the southwest end of Frost Valley, upstream to the NYS Forest Preserve Lands on the east boundary of Frost Valley YMCA property (about 3 miles).
    c. Downstream of the red steel bridge to the junction of Clear Creek at the New York State/Frost Valley property boundary is shared waters. Anglers may only wade from the south bank (or left bank looking downstream).
    d. All tributaries of the West Branch including, but not limited to: Biscuit Brook, Pigeon Brook, and High Falls Brook.
    e. White Pond, Reflection Pond, and Lake Cole.
2. The East Branch of the Neversink River and its tributaries as posted by Frost Valley.
    a. Anglers should refer to supplied maps of Frost Valley YMCA property as a general guideline to Frost Valley waters available for fishing.
    b. Fly fishing is closed in the East Branch of the Neversink River from the cable bridge at the farm upstream to Erts Brook when farm camp is in session (6/28/26-8/21/26).
    c. Some of these waters border land owned by NYCDEP. DEP land may be accessed, but you must have a permit. This can be obtained at: www.nyc.gov/dep
        i. There are certain use restrictions in place on different DEP parcels. Please be aware of the use restrictions on the DEP parcels you are accessing.
    d. Please note: Some of these waters border private property. Anglers should be mindful of where they are fishing at all times and respectful of the rights of private landowners. The Frost Valley Outdoor Sporting Program does not grant the right to trespass on private property.
3. If an area of the river is in question, please contact the Director of Natural Resources for clarification.

C. SPECIAL RULES FOR NYS LICENSED FISHING PRESERVES:

1. No fishing license is required for fishing these waters.
2. Lake Cole:
    a. Frost Valley Anglers may fish Lake Cole whenever the lake is free of ice, except when summer camp is in session (6/28/26-8/21/26).
    b. Fly fishing, spin and bait casting with lures or live bait are all permitted.
        i. Earthworms are an invasive species. In order to prevent their spread, please dispose of them in a trash receptacle.
    c. Fishing is prohibited in the vicinity of or from the swimming area and boating docks.

d. Use of watercraft is prohibited unless participating in programming with a Frost Valley Staff member (fees apply).
e. **Harvesting of fish (all harvested fish must be reported):**
    i. Black bass (Smallmouth) may be pursued at any time of year
        - May be kept from the 3rd Saturday in June until Nov. 30th (Aligns with New York State fishing season for black bass)
            - » Minimum length: 12 inches
            - » Daily Limit: 2
        - Catch and Release only for the remainder of the year
            - » This prevents removal of spawning black bass
    ii. Trout may be pursued at any time of year
        - Rainbow Trout and Brown Trout may be kept from Apr. 1 until Oct. 15
            - » Minimum length: 12 inches
            - » Daily Limit: 2 (any combination of these species totaling 2)
        - Brook Trout must be released unharmed
    iii. All other species of fish may be kept at any time of year without limit

3. White Pond: Fishing is allowed from Apr. 1 until Nov. 30.
    a. Wading is not permitted after October 16th.
    b. Fly fishing, spin and bait casting with lures or live bait are all permitted.
        i. Earthworms are an invasive species. In order to prevent their spread, please do not dump leftover worms out on the ground.
    c. **Harvesting of fish (all harvested fish must be reported):**
        i. Trout may be pursued whenever fishing is allowed
            - Brook trout may be kept from Apr. 1 through Oct. 15
                - » Minimum length: 12 inches
                - » Daily Limit: 2
        ii. All other species of fish may be kept without limit
4. Reflection Pond: Fly fishing is allowed from April 1st until November 30th as long as it is free of ice, except when summer camp is in session (6/28/26–8/21/26).
5. According to New York State Law, all fish caught in fishing preserves and kept by the angler must report this fish to the Director of Natural Resources and obtain a Carcass Identification Form prior to leaving Frost Valley YMCA property. This may be done at the Welcome Center. Failure to do this may result in tickets or fines from New York State, and possible revocation of your fishing license privileges or Frost Valley YMCA's Fishing Preserve License.

D. FISHING GENERAL INFORMATION AND RULES

1. Anglers must report all harvested fish, and are encouraged to report all caught and released fish at one of the Outdoor Sporting Program Kiosks.
    a. Reporting fish caught will give the Natural Resources Department data to track fish caught/harvested and aid in managing the fishery.
2. Anglers are encouraged to sign in and out at the kiosks in order to provide the Natural Resource Department with data about use of the property.
3. **New Anglers** must participate in an orientation given by a member of the Natural Resources Department staff. Contact the Natural Resources Department to schedule the orientation.
4. Frost Valley Anglers may bring one fly fishing guest per day visit for a $25 guest fee. During the summer months when summer camp is in session (6/28/26–8/21/26) advance notice must be given (minimum 10 business days) to the Natural Resources Department before any guest is brought onto camp property. The guest will be subjected to a background check. Guests must register at the Welcome Center prior to fishing. They will be given a guest name tag to wear, which must be returned prior to departure. Anglers assume full responsibility for their guests and must accompany them at all times.
5. Registered guests have access to fish the Frost Valley waters for the duration of their stay. They can be identified by wearing a colored wristband with "Frost Valley Rocks" printed on it. They must possess a NYS fishing license, sign in at the Welcome Center, and read these rules and regulations.
6. For a $50 fee, prospective Frost Valley Anglers may request a one-day sampler of Frost Valley waters. This charge can be applied toward the annual participation fee. Advance reservation and an orientation are required. Prospective Anglers are required to check in at the Welcome Center prior to fishing.